



Island Sun

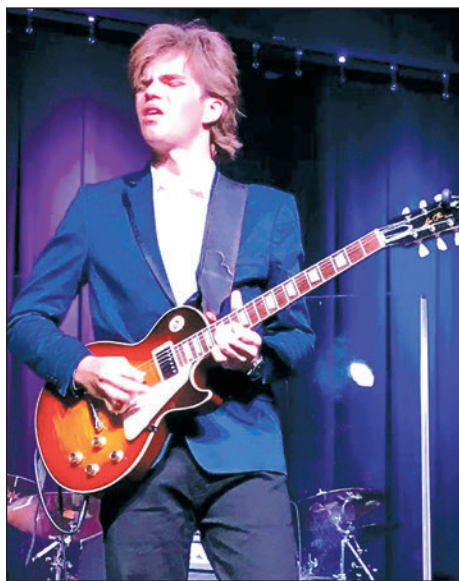
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VOL. 27, NO. 16

SANIBEL & CAPTIVA ISLANDS, FLORIDA

OCTOBER 18, 2019

OCTOBER SUNRISE/SUNSET: 18 7:29 • 6:59 19 7:29 • 6:58 20 7:30 • 6:57 21 7:31 • 6:56 22 7:31 • 6:55 23 7:32 • 6:54 24 7:32 • 6:53



Johnny Jensen photos provided

Sanibel Blues And Jazz Fest Returns

The Sanibel-Captiva Optimist Club pioneered a new fundraising event, the Sanibel Blues & Jazz Fest, in November of 2016. The festival features



Marty Stokes Band

award-winning musicians. Past Blues & Jazz Fests were a huge success and provided funding for the Optimist Club's many charitable endeavors, including six college scholarships and Sanibel Recreation Center summer programs for youth.

The festival will again be held in Bailey's continued on page 26

Reserve Early For Wines In The Wild



From left, Malia chef/owner Jeff Samson with event founders Linda and Tom Uhler

photo provided

Catering by Leslie Adams and Malia Island Fusion Cuisine are returning as food tasting partners for Wines in the Wild, to be held on Friday, November 15 from 6:30 to 9 p.m. at Bailey Homestead Preserve. The fundraiser

benefits Sanibel-Captiva Conservation Foundation (SCCF).

"Catering by Leslie Adams and Malia have been strong supporters of SCCF and our island community," said SCCF CEO continued on page 8



Larry Klass and Leon Novembre playing their pianos at a recent show photo provided

Dueling Piano Show Back By Popular Demand

Due to a popular performance last fall, The Sanibel School PTA is bringing back The Dueling Piano Show with Larry Klass and Leon

Novembre on Saturday, November 2 at The Community House.

Paper Fig Kitchen will be providing heavy hors d'oeuvres along with a cash bar and signature cocktail. Doors open for a cocktail hour at 6:30 p.m. and the show begins at 7:30 p.m. Paper Fig Kitchen has also contributed a private dinner, which will be auctioned off

continued on page 12

Record Number Of Hatchlings



SCCF Sea Turtle Program volunteers at a pre-season stake painting event photo provided

With three nests still to hatch, SCCF Sea Turtle Program Coordinator Kelly Sloan reported on a surprising comeback season with a record number of hatchlings at the End of Season event, held on October 5 at the Bailey Homestead for volunteers, staff and interns.

"We all really needed it after last year's red tide. It shows how resilient sea turtles are. And, how resilient our volunteers are... we didn't lose a single volunteer," said Sloan. "It was my favorite season yet."

About 100 volunteers assist in continued on page 30

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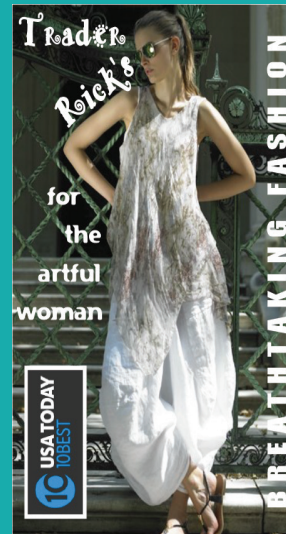
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Python Program At 'Ding' Darling Day This Sunday

Everglades Burmese python hunter Dusty "Wildman" Crum has appeared in a number of television spots, including NBC's Today Show in late 2017, *Swamp Mysteries* on the History Channel in June 2018, and most recently on the Discovery Channel's *Guardians of the Glades* series this year.

Biologist Mike Kirkland manages the python elimination program for the South Florida Water Management District (SFWMD), which created the program to help remedy the Burmese python epidemic in the Florida Everglades. He manages a team of about 25 hunters while keeping abreast of scientific programs that work in cooperation toward solving the problem.

Crum and Kirkland will co-present a free program about their work to save Everglades wildlife from total devastation at the appetite of exotic Burmese pythons on "Ding" Darling Day at the JN "Ding" Darling National Wildlife Refuge on Sunday, October 20 at 11 a.m.

"We used to find birds, ducks, deer, rabbits, otters, raccoons," said Crum, who hunts for snakes – typically in bare feet – in the eastern Everglades. "Where I've been hunting, there are none of these animals left."

Researchers believe the pythons have decimated their food supply of prey in the eastern Everglades and Miami-Dade County, said Kirkland. In response,



Mike Kirkland

photo provided

he has expanded SFWMD's python elimination program, deploying python hunters into Collier County, to where the snakes are moving to find more prey.

There will be no live pythons presented as part of this program.

During "Ding" Darling Day, the Refuge Nature Store will be selling an assortment of wallets, coin purses and other handmade gifts produced by Crum and his partner from the skins of pythons captured in the Everglades.

Edison National Bank and Bank of the Islands co-sponsor the python presentation for "Ding" Darling Day.

The 31st annual eco-festival runs all day with free activities that include free admission to Wildlife Drive and refuge



Dusty "Wildman" Crum

photo by Joey Waves

tram tours, live wildlife presentations, animal yoga, nature sketching, origami, archery clinics, hot dogs, a touch tank and butterfly house, face-painting, and kids nature crafts. Federal Duck Stamp and Junior Duck Stamp winner presentations, plus conservation art activities, will take place throughout the day. Refuge officials estimate the value of free activities that day at \$75 for a family of four.

Tarpon Bay Explorers will offer free stand up paddleboarding clinics in the morning and all-day discounts on kayak tours and boating excursions for "Ding" Day. Reservations for tours are recommended at 472-8900. For more information, visit www.tarponbayexplorers.com.

tarponbayexplorers.com.

"Ding" Darling Day celebrates the birthday of the refuge's namesake, father of the Federal Duck Stamp program and Pulitzer Prize-winning political cartoonist, Jay N. "Ding" Darling. It will be part of the pre-celebration for the refuge's 75th anniversary in 2020.

The U.S. Fish & Wildlife Service, "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), and Tarpon Bay Explorers co-sponsor "Ding" Darling Day with support from the local community and businesses.

Visit www.dingdarlingdays.com for a full schedule of the day's events or call 472-1100 ext. 237 for more information.✧

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Sanibel Historical Museum And Village

Looking Back: The *Algiers*

This week's image features a view of the paddlewheel of the *Algiers* shortly after it was renovated and then brought on shore on Sanibel Island in 1959. A channel had to be dug through the beach to its final berth, and then refilled. The bottom deck was screened, the paddlewheel assembled and the channel filled, among other details.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.✧



The Paddlewheel of the *Algiers* photo courtesy Sanibel Historical Museum and Village

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Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH
Rev. Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA
Rev. Larry Marshall. Services every Sunday 11 a.m. November 10, 2019 thru April 26, 2020. 11580 Chapin Lane, Captiva, 472-1646.

FIRST CHURCH OF CHRIST, SCIENTIST
Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc
Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH
Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children's Church in Main Sanctuary; 11 a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST
The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m. Full service at 10 a.m. with Sunday school and nursery care provided, www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH
Father Ed Martin, Administrator, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH
The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School (resumes in September). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. (excluding July & August). Prayer and Potluck first Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS
Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.✧

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There will be free tours of the Radiology Regional Center Mobile Mammo Coach on Thursday, October 24 at Sanibel Fire & Rescue District Station #1

photo by Jeff Lysiak

Pink Out Picnic Is Next Thursday

by Jeff Lysiak

One of the most popular events on the islands during Breast Cancer Awareness Month returns next week to Sanibel Fire & Rescue District Station #1, located at 2351 Palm Ridge Road. On Thursday, October 24, the 8th annual Let's Pink Out! celebration and luncheon will be held from 11:30 a.m. to 1:30 p.m. A picnic-style celebration, with

food and refreshments provided by Cip's Place, will take place inside the facility.

"The Pink Out luncheon is open to the entire community, whether you're a breast cancer survivor or someone whose life has been touched by cancer," said Mary Bondurant, a Sanibel resident, realtor, breast cancer survivor and founder of the Pink Out gatherings. "If you're a survivor, your lunch is free; everyone else may make a donation."

Representatives from Central Florida Medical Thermography, YOLLO Wellness, and Balance For All, Inc. will attend, offering demonstrations and free

information. Radiology Regional Center's Mobile Mammo Coach will also be on site for tours and information.

Local businesses are asked to donate a raffle item. Non-perishable food items, which are being donated to FISH of SanCap, will also be accepted. To become a sponsor or make a raffle item donation, call Mary Bondurant at 839-3633. Checks can be mailed to Pink Out, 9125 Mockingbird Drive, Sanibel, FL 33957.

Every Saturday this month, Let's Pink Out! organizers and volunteers will be bagging groceries for tips at Bailey's General Store, located at 2477 Periwinkle

Way. All are invited to visit the business between 9 a.m. and 5 p.m. In addition, all volunteer baggers will receive Pink Out T-shirts, which are also being offered for sale by donation.

Sponsors include Sanibel Fire & Rescue District, Bailey's General Store, Cip's Place and Kay Casperson Lifestyle Spa & Boutique. The media sponsor is *Island Sun* newspaper.

To sign up as a grocery bagger, with one-hour or all-day shifts available, visit www.pinkoutsanibel.com. For more information, email PinkOutSanibel@gmail.com.*

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OBITUARY



THOMAS DODSWORTH
"DOD" WAINWRIGHT

On May 28, 2019, Dod very sadly passed away in hospice at Shell Point. He leaves his wife of 54 years, Annie, children Mark and Sarah, and grandson Mark. He joins his grandson Kyle, who died in a tragic accident at the age of 15 in 2016.

Dod was born in India where he lived for the first eight years of his life, then moved to the United Kingdom. He was a keen athlete and excelled at swimming, cricket, track and rugby. After school at St. Andrew's Preparatory School and Eastbourne College, UK, he went to

Emmanuel College, Cambridge University, where he graduated in history and economics, played rugby for Emmanuel College, captained the college cricket team and played for the university cricket second XI.

After graduating, he became a teacher back in Eastbourne, teaching at Eastbourne College. He married Annie in 1964, his son Mark was born in 1969 and daughter Sarah in 1970. He was appointed, at the age of 28, to be headmaster of St. Andrew's Preparatory School in Eastbourne. During the next 15 years, he transformed a 100-year-old struggling small school into a much larger and very successful school, gaining a reputation for academic excellence. With a style and charisma of his own, he left an indelible mark on the school and earned the respect of students, parents and staff alike.

In 1984, he decided to make a break from the academic world and Eastbourne, and was invited to join Smith Barney as an investment banker in Cleveland, Ohio. He much enjoyed his time there, taking the same care with his clients as he had with his students. He continued his interest in education and was on the board of Hanna Perkins Center for Child Development, Cleveland, and Boys and Girls Hope of Northeastern Ohio. He was a passionate and ever-hopeful supporter of the Cleveland Browns, enjoyed the music of the Cleveland Orchestra and the art in the Cleveland area. There was no cricket in sight, so he took up golf, and this he also keenly played upon retiring to Sanibel. He particularly enjoyed the nature, wildlife and art on the island.

He has valued the friendships he has

made throughout his life, both in UK and United States, and has always adored being with his family. His son, Mark, is now a published author, teacher and environmentalist in Costa Rica, and his daughter, Sarah, is a doctor of clinical psychology with her own practice in Fort Lauderdale.

There will be a memorial celebration of Dod's life on Thursday, November 7 from 4 to 6 p.m. at The Dunes Golf & Tennis Club on Sanibel.*

OBITUARY



PETER ALBERT STURTEVANT

Peter Albert Sturtevant died at his summer home on October 9, 2019 in Brooklin, Maine. A resident of Sanibel, Florida, he was born on September 5, 1930 in Washington, DC to William North Sturtevant and Elizabeth Wheeler Sturtevant Dunn. He lost his older brother, North, a Yale graduate and Navy flier, in 1944. He attended

St. Albans School in Washington and graduated from Choate. He later attended Harvard and Rollins Colleges (BA), George Washington Law School (JD) and the University of Vermont (MA).

Preceded in death by his wife, Janet Knox Sturtevant, he leaves his wife, Linda Webber Sturtevant. He is survived by his daughter, Elizabeth Sturtevant and husband John Eckhardt of Battleground, Washington; and three sons, William North Sturtevant III and wife Carol of Durham, New Hampshire, Peter Albert Sturtevant Jr. and wife Amy of Washington, DC, and Thomas Knox Sturtevant and partner Dianna Raedle of New York City. He also leaves his stepson, Phillip Wheeler Marriott and wife Susannah of Brooklyn, New York, and stepdaughter, Brooke Bartletta and husband Simon Bartletta of Hingham, Massachusetts. In addition, he is survived by 17 grandchildren.

Peter was an avid fly fisherman, bird hunter and sailor. A superb athlete, he pitched in the NCAA tournament for Rollins College and for the Single-A Cody Red Sox in Wyoming. He was a former commodore of Center Harbor Yacht Club in Brooklin, Maine, where he sailed his sloop, *Cachalot*, and a member of Chevy Chase Club in Maryland.

A beloved and revered teacher and educator, he retired as head of the Maret School in Washington, DC in 1994, after serving for 24 years. He led the school's successful transition from a nearly bankrupt, relatively unknown institution to one of the most respected independent schools in the Washington area. He was passionate about developing the full intellectual, artistic and athletic potential of each student in his care. At Maret, he earned the moniker "Big Sky," playfully bestowed upon him by colleagues and students who enjoyed his strong leadership and oversized personality. He was ever a champion for students and teachers, especially the underdog. He began his teaching career at the all-boys Landon School in Bethesda, Maryland, where he taught and coached from 1958 to 1966. He is revered by those men he taught as boys at Landon, as well as by his former Maret students and faculty.

A service for Peter will be held at 11 a.m. on Saturday, October 26 at St. Francis Episcopal Church in Blue Hill, Maine. The family requests that gifts in Peter's memory be sent to Sanibel-Captiva Conservation Foundation (SCCF), P.O. Box 839, Sanibel, FL 33957.*

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Continuance Approved For New Boat Dock

by Jeff Lysiak

Last week, members of the Sanibel Planning Commission voted to approve a second continuance for a variance application seeking to construct a new boat dock at a single-family residential lot located at 1203 Isabel Drive.

Last month, property owners Christopher and Lisa Heidrick had submitted their variance application which, if approved, would have allowed them to build a boat dock with two boat lifts. A variance is being requested because their plan calls for the dock to extend waterward farther than the maximum permitted extension limit (i.e., more than 30 feet or 20 percent of the width of the waterway) as measured from the approximate mean high water line of the abutting canal.

However, four days before the September 10 public hearing was scheduled to take place, the Heidricks' attorney, Steven Hartsell, submitted a request to continue the hearing until the planning commission's October 8 meeting. According to Hartsell, plans to revise the variance application – including eliminating the request for a catamaran and pilings on the waterward side of the proposed dock, to be replaced by an elevator lift – were not ready for review.

A request for a second continuance was received by city staff on October 4, four days before the rescheduled public hearing. Additional revisions to the proposed variance plan include removing the inside boat lift.

Commission Chairman Chuck Kettelman asked Heidrick why, since the commission had not officially seen any details of the proposed plan, a second continuance was being requested. Heidrick, a former member of the planning commission, explained that over the past 15 months, the boat dock design has gone through more than a dozen alterations. The most recent design, he explained, would have required a second variance. Instead, they are planning more revisions to make the application suitable for consideration.

Heidrick also requested that the public hearing be continued until the next commission meeting, scheduled for November 12.

Keith Williams, community services department leader, expressed his support to continue the hearing without indicating whether staff could support the variance application while City Attorney John Agnew stated that if the commission voted to deny the continuance, Heidrick could submit another application, effectively starting the entire process over again.

Senior Planner Roy Gibson told the commission that it remains the applicant's responsibility to meet the November 4 deadline to submit a variance request to city staff, adding that it would be "premature" to present any of the staff's conclusions on Heidrick's application. "We can't evaluate something that we haven't seen," he said. "You'll know then what the applicant has submitted and what the staff's position is."

Opening the floor to public comment, Beverly Grady, legal representative for more than a dozen homeowners who have voiced their opposition to the variance request, stated that she objected to Heidrick's "strategy of Friday afternoon continuances." She suggested that instead of conducting the public hearing on November 12, the hearing be postponed until the second commission meeting next year, on January 28.

"This is a very complicated application and there needs to be transparency in the application process," said Grady, who suggested that the Heidrick's final variance request should be submitted by mid-December in order to allow city staff enough time to properly evaluate the application. The January hearing date would also allow a number of interested parties, who may still be out of town next month, to attend the meeting.

Over the past month, the city has received correspondence from more than two dozen neighboring property owners objecting to the request to add a boat dock at the Isabel Drive home. That opposition is primarily focused on the scale and location of the proposed dock and lifts, with a number of letters noting the already narrow channel would become compromised and more difficult to navigate.

Commissioner Karen Storjohann

objected to the two-month postponement of the public hearing. "We operate 12 months a year," she said. "Quite frankly, I sort of find that insulting that we'd have to wait until January."

Gibson then offered that the commission could grant a continuance "until a date uncertain," which would not restrict the Heidricks to have their final application submitted in the next three weeks. Heidrick responded that he was confident their application would be submitted in its final form on time to make the November 12 meeting.

Following some additional discussion, Kettelman made a motion to continue the public hearing until January 28, with the proviso that the application be received by city staff no less than 15 days prior to the commission meeting. That would allow members of the commission time "to evaluate the application and do our own homework."

Gibson then suggested an application deadline of January 3. Vice Chair Roger Grogman seconded Kettelman's motion, which was approved by a 6 to 1 vote, with Storjohann dissenting.✪

From page 1

Wines In The Wild



Leslie Adams

photo provided

Ryan Orgera. "We are so happy both of these culinary stars will be highlighted food tasting partners at this year's event."

Guests can stroll through tasting stations on the grounds of the preserve, where each station will feature a dish from one of Sanibel's finest kitchens. Other food tasting partners include Cielo, Sanibel Catering Company by Bailey's and Sweet Melissa's Cafe. Food tastings will be paired with specially selected complementary wines. Returning again this year as wine tasting partner is Bailey's General Store. Guests will finish off the evening with a dessert buffet from Norman Love Confections, the newest

tasting partner, and a live auction of unique experiences. There will be valet parking sponsored by Doc Ford's Rum Bar & Grille.

Because this event is likely to sell out in advance, tickets will not be available at the door. Reservations can be made by calling Linda Uhler at 472-3817. Tickets are \$125 per person.

"We're so grateful to presenting sponsor Bank of the Islands and the other sponsors who make it possible to keep our ticket pricing at this level," said Uhler.

Bailey Homestead Preserve is located at 1300 Periwinkle Way on Sanibel.✪

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Martha Ryckman surrounded by students on the back of the 4th of July parade float

photo provided

First Director Of The Children's Education Center

This photo depicts the students and staff on the Children's (Education) Center of the Islands float for Sanibel's annual 4th of July parade. CECI's first director, Martha Ryckman, is pictured on the back of the float.

In 2015, CECI honored Ryckman with the dedication of the Ryckman

Memorial Garden. The ribbon-cutting ceremony included releasing butterflies and ladybugs that the students had raised and studied as a science project. Ryckman was the director in 1975, when the school was located at Bailey Tract in the old Bailey's Store. She oversaw the move of the preschool to its current location on Casa Ybel Road and served as the director until 1983.

The Ryckman Memorial Garden was made possible by memorial gifts to the preschool when she passed away in July 2013. The garden is planted

with native butterfly plants and is tended by the children. It has become a focal point for their lessons, which encompass science, nature, math, art and reading.

The Children's Education Center of the Islands is celebrating 45 years

of dedication to education. If you recognize anyone in this photo, or have any photos you would like to share, email cindy@childrenseducationcenter.com or call 472-4538.

For additional information, visit www.childrenseducationcenter.com.✱

OBITUARY



WILLIAM REX "REX" DAKOS

William Rex "Rex" Dakos was called home on October 11, 2019 after a brief yet heroic battle with cancer at the age of 57. Born November 22 in Fort Myers, Florida, Rex was a lifelong resident of

Lee County, and 35-year resident of Sanibel Island, where boating, golfing and fishing simply can't get any better. A friend to many, from fishing guides to seasonal residents, his renowned sense of humor, good character and deep care for others, especially those battling and surviving addiction, remained present up until the day he passed.

He is survived by loving partner and friend Rose Dakos of Sanibel, son William Dakos (Gena) of Oakland, California, brother Nick Dakos (Dee) and sister Dixie, both of Fort Myers. He joins his mother, Norma Jo Dakos, and father, Dr. William Dakos, in eternal peace.

In true Rex-style, and in lieu of formal services, the Dakos family would like to invite you to Fellowship Hall at Sanibel Community Church on Saturday October 19 at 11 a.m. for celebration and conversation. Come as you are.

In lieu of flowers, the Dakos family would like to request donations be made to SCCF Marine Laboratory, so that Rex's passion for protecting and promoting clean water in Southwest Florida lives on.✱

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The H2O Envision Miami Mission Team from Sanibel Community Church photos provided

Middle School Mission In Miami

submitted by Jamie Senkeleski

Over the summer, 15 middle school teens and leaders headed to Miami to participate in Sanibel Community Church's annual summer mission trip, Envision Miami. On their way to Miami, the teens and leaders got sugared up with various sweet treats at the Sugar Factory. For many of the teens, this was their first missions trip.

Upon arrival on the campus, many had fears and reservations about what their role would be, how they could impact so many different people, and how they could work in this oppressive heat. Only through God's strength did our middle schoolers persevere and overcome many fears and obstacles.

During the week, the students had opportunities to minister to the homeless in downtown Miami. During that venture, the teens prayed with the less fortunate and handed out toiletry packs. Physical labor was also performed on this trip. The teens demolished an old baptistry, which included picking up every tiny piece of concrete left from the demolition. The baptistry was located outside and any leftover pieces of concrete could have been stepped on by the smaller children playing in the grassy area nearby.

Many teens had the chance to sharpen their painting skills, and painted the outside of the church. H2O Youth Ministry, with the help of New Revelation Church in Miami, hosted community barbecues. Our teens had to get out of their comfort zones and be bold and courageous. During the barbecue, the students ministered and interacted with other teens in the community and the local youth group.

In the beginning of the week, our teens could see a huge division and resistance of local teens interacting with them. By the end of the week, laughter, friendship circles and prayer partners were established and unity was evident.

At Sunday church service, H2O



Lydia Whalen, Jenna Senkeleski (leader), and Rick Zurbriggen (leader) praying with some locals

middle school students showcased their gifts and talents and participated in praise and worship by singing. When the week-long mission trip was over, the students and leaders enjoyed some downtime by visiting a local beach, toured the Everglades by airboat in the rain, and cheered on the Marlins at a baseball game.

Not only did our middle school students and leaders get the chance to minister to the Miami community, but each individual came back to Sanibel with a renewed vision of themselves. H2O teens are courageous, bold, overcomers in the eyes of adversity, compassionate and stronger than they ever thought they were. Well done Sanibel Community Church H2O middle school team. We are all so proud of your endeavor this summer and all that you accomplished.

The middles school teens are returning to Envision Miami campus in late October to participate in a youth retreat, which will focus on equipping teens for the future.

H2O is a youth program for sixth through 12th graders. The group meets



The team taking an airboat ride in the rain



Lydia Whalen and Jenna Senkeleski (leader) cleaning their brushes after painting the outside of the church



From left, Chase Nave, Tim Higginbotham (leader) and Rick Zurbriggen (leader) doing repair work and demolition



The team took some time out to relax at the beach in Hollywood, Florida

on Wednesdays from 5 to 7 p.m. for middle schoolers and from 6 to 8 p.m. for high schoolers, as well as on Sundays from 10:45 to 11:45 a.m. at Sanibel

Community Church, located at 1740 Periwinkle Way. For more information, call Pastor Kevin Schafer at 472-2684 ext. 105 or email kevin@sanibelchurch.com.✱



Keeva Clark in position for the relay
photos provided



Yari Mendez getting ready to cross the
Great Barrier Reef

New Season For LOGOS Opens With A Splash

submitted by Jamie Senkeleski

The LOGOS children's ministry group at Sanibel Community Church kicked off their season with an Under the Sea adventure. In addition to plenty of recreational fun,

there were Bible stories and a deep sea fishing craft.

For dinner, the children had Chicken of the Sea (chicken strips) with buttered sea creature pasta, and gummy shark jello for dessert. The evening ended with an Under the Sea relay race. Each table, with the help of their table parents, loaded up with as many fishing, diving and swimming apparatuses available, and raced back and forth swapping with their shipmates.



From left, Dawson Liebetrau, Grady Zimmerman and Taylor Szymanczyk

This mid-week family program is open to all families with children ages 3 years through fifth grade. For more information, call Holly Patton-Roark at



From left, Teagan Clark, William Erickson, Kirby Padgett, Lilly Hall and Finley Hall with their "catch of the day"

472-2684. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✱

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Epiphytic resurrection fern's favorite host is the live oak photos by Gerri Reaves

Plant Smart

Resurrection Fern

by Gerri Reaves

Native resurrection fern (*Pleopeltis michauxiana*) is found throughout Florida and is common in much of the U.S., the Caribbean, and other parts of the Western Hemisphere. It is the most widespread of epiphytic ferns.

Experts differ on the botanical name, so you might see it identified as *Pleopeltis polypodioides* var. *Michauxiana* or *Polypodium polypodioides* var. *michauxianum*.

This small creeping fern's natural habitat is hammocks and swamps. It particularly favors live oaks, but also grows on rocks, walls, or logs. It even grows on the ground if there is sufficient humusy material available.

Very thin scaly horizontal stems attach themselves to bark or other surfaces. It is not a parasite; trees serve only as a host and platform that gives the fern access to nutrients, moisture and light.

The evergreen leaves, or fronds, have oblong or rounded leathery leaflets, or blades. Shaped like an elongated triangle and deeply divided, they are four to 12 inches long.



Anyone unfamiliar with the fern's ability to resurrect might think this is a dead mass of dry curled fronds

Sori, dark scaly clusters of round spores, appear on the underside of leaflets near the edges.

It is slow growing, requires light to moderate shade and is not salt tolerant.

This species earned its common name because of a remarkable survival strategy.

During a dry period, it can lose about 75 percent of its water and during extreme drought an astonishing 97 percent and still survive. No surprise another common name is miracle fern.

It curls up in dry conditions and appears dead and grayish. But when moist returns, it unfolds, becomes green, and seems to spring back to life.

So extraordinary is this resurrection process that, in 1997, the fern traveled aboard the Space Shuttle *Discovery* so it could be observed in zero gravity.

The next time you see a live oak, look up into the canopy. You might see something worthy of study on a space voyage.

Sources: *The Ferns of Florida* by Gil Nelson, *National Audubon Society Field Guide to Florida* by Peter Alden et al., *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, www.regionalconservation.org.

www.sfrc.ufl.edu, and <http://www.wildsouthflorida.com>.

*Plant Smart explores the diverse flora of South Florida.**

Orchid Society Meeting

Tom Kuligowski will be the guest speaker at the Monday, October 21 meeting of the Sanibel Captiva Orchid Society. He will speak about angraecums, orchids known for their showy flowers, many of them fragrant at night. Kuligowski has created the Angraecums blog as well as a Facebook page to pass on growing tips and trends. He travels throughout the country doing orchid presentations. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, located at 2304 Periwinkle Way on Sanibel.

Orchid enthusiasts are encouraged to come to the meeting's fundamentals session at 1 p.m. to hear members talk about their techniques for growing orchids. In October the topic will be Fall in the Orchid Garden: What Do We Do Now? Anyone with questions or an "ill

orchid" that needs diagnosis can bring their plants to the meeting during show and tell.

Sanibel Captiva Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. Most meetings will have orchids for sale as well as an orchid raffle. Annual society membership is \$25 per individual or \$45 for couples; guests are \$5.

For more information, visit www.sancaporchid.org.

From page 1

Dueling Pianos

during the evening.

Attendees will also have a chance at prizes such as weekend getaways, jewelry and Walt Disney World tickets. "Pick and purchase" buckets (of sand) provide the opportunity to help raise funds for island school children while winning prizes. The buckets will range from \$25 to \$200 for prizes valued at or more than purchase price. Some bucket picks will receive prizes valued at double and triple their purchase price.

Dueling Pianos Night tickets are \$75 per person and are available online at www.TheSanibelSchoolPTA.com. This is a key fundraiser for The Sanibel School PTA, which helps to financially supplement many critical areas for the school such as classroom supplies; art, music and theater programs; media and educational needs; and maintenance and landscaping.

Sponsors include Paper Fig Kitchen, EnviroMow, VIP Realty Group, Superior Title, Karaffa-Zakutansky Charitable Foundation, Island Condo Maintenance, The Padgett Family, Pinocchio's Original Italian Ice Cream, McMurray & Members Royal Shell Real Estate and MarineMax.

To donate, sponsor, reserve tickets or join the PTA, visit www.TheSanibelSchoolPTA.com.

The Sanibel School PTA is a registered 501(c)3 nonprofit association devoted to the educational success of children.*

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Wetsuits keep surfers warm

photos provided

Sea School Offering Two Winter Camps

by Jeff Lysiak

With the holiday season around the corner, it's not too early to be thinking about what your kids will be doing during their break from school. Thanks to the Sanibel Sea School, those days off can be filled with plenty of outdoor play plus science-based education in a fun and informative environment.

Open to children ages 6 through 13, Sanibel Sea School's Winter Camp offers two weeklong sessions. A Counselor In Training (CIT) program will also be available both weeks for teenagers interested in honing their leadership skills while having fun.

"We're bringing back some of our traditional favorite activities," said Shannon Stainken, director of education at Sanibel Sea School. "We have room for 48 campers and eight CITs each week, and most of those kids are returning campers from previous years. We usually get a good mix of local and

kids who are here on vacation."

This year's winter camp schedule includes:

Week 1 – Wishing You a White Pelican Christmas (December 23 to 27; half-day camp on December 24, no camp on December 25)

Spend the week investigating white pelicans, who make a massive migratory journey from the west to spend their winters here on Sanibel. Participants will "migrate" around the island, visiting the best spots to view these winter visitors. They will also dunk their heads in the Gulf of Mexico to get a feel for how pelicans fish.

"We're going to focus on the migration of white pelicans. We'll wear wetsuits and life jackets and float on our backs in the water, just to see where the current takes us," said Stainken. "That same week, we'll also go caroling around Sanibel, both by walking and by boat. But it will be a surprise where we go."

Week 2 – Happy Nudibranch Year! (December 30 to January 3; half-day camp on December 31)

Participants will ring in the new year by studying nudibranchs, which are tiny slugs that slurp across the sea floor while wearing some of the most festive colors



Campers paddling in San Carlos Bay

and frills in the ocean. Campers will also make tie-dye fashions (bandanas, sheet tapestries and/or T-shirts) and learn more about how these sneaky slugs capture their prey with some snail power tag.

"In keeping with our annual tradition, we'll start off the new year by releasing all of our troubles to the sea," added Stainken. "But possibly the best part of this week will be the first surf paddle race of the new decade. Things can get pretty competitive, especially with the CITs."

Registration begins at 10 a.m. on Saturday, October 19. Cost is \$320 per camper or \$210 per CIT. Scholarships are available upon request; email info@sanibelseaschool.org or call 472-8585 for more details. To sign up, visit www.sanibelseaschool.org.



One of the counselors-in-training found a nine-armed sea star



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Change Of Season Fires Up The Fish



by Capt.
Matt Mitchell

October fishing, as advertised, continues to be outstanding. Cooler fall mornings have brought our water temperature into the low 80s. This noticeable drop in

temperature is a sure sign winter is on the way and has the fish fired up. The change of seasons always brings some of the best fishing of the year.

Redfish remained the main target species all week with this bite often just going crazy. While fishing mangrove islands around St. James City, we were lucky enough to spot a school of redfish pushing through white sand holes up close to a mangrove island. Every bait we threw at these fish they ate. Our biggest one on this day was 28 inches, though we had a few well over 30 inches follow our hooked fish all the way to the boat. When these hungry fish are competing against each other for a bait, it just doesn't matter what kind of bait you throw... they eat it.

Flats are alive with huge schools of shiners everywhere. I've been throwing

a quarter-inch mesh net to catch a live well full of this fry bait then using it to chum these same areas. Once loaded up on bait, we moved out to a little bit deeper water to catch a nonstop variety of trout, snapper, mackerel, jacks and ladyfish. After throwing handfuls of these live shiners out from the bow, it does not take long to have fish blowing up all around the boat. Take your time and throw just a few of these shiners out every few minutes and watch it light up. Once these fish are eating, cast free-lined shiners to the pops and its game on!

For the anglers getting up early and out along the beaches, there have been some fall tarpon to be found. Though these fish have not been as plentiful as in years' past, I personally think the best is yet to come in the next few weeks. The key to finding these fish is looking for the masses of small feeding birds diving on small fry bait. It has seemed the areas that are holding these tarpon are in the stirred-up dirty water. Until we get our first real hard cold front, these tarpon can be found up and down our beaches.

After sitting in these rolling fish for a couple of mornings, we were unable to get a hook up... though we did see enough tarpon to get our hearts racing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ☆



Jo and Zig from Texas with a redfish double caught while fishing with Capt. Matt Mitchell this week
photo provided

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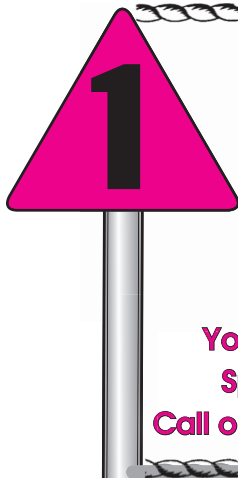
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Dave Doane

CROW Case Of The Week:

Red-Shouldered Hawk



by Bob Petcher

The red-shouldered hawk (*Buteo lineatus*) is considered one of the most distinctively marked common hawks out there. It is thus named due to its barred peach-red chest area and brownish-red wing feathers.

At CROW, an adult red-shouldered hawk was admitted from Alva after being found in a field unable to fly. It had a large necrotic wound with maggots on its back between its wings with exposed muscle. The maggots were carefully removed and the wound debrided and cleaned. Upon further examination, radiographs showed the wound resulted from a gunshot with the bullet still in the bird. Surgery was considered to remove the imbedded bullet, but it was not performed.

"Radiographic damage allows us to track the bullet's trajectory through the patient. The bullet entered through its back just to the right of the spine. The bullet went through the lungs and chest, broke the coracoid bone and landed in the muscle just in front of the right shoulder. The bullet is deep enough that we can't feel it on palpation but is not actually

affecting the joint, as far as we can tell," said Dr. Megan Cabot, CROW veterinary intern. "The patient is extremely lucky that it did not hit any major vessels around the heart or travel through the shoulder joint."

The bullet may not limit the patient's ability or natural movement.

"The bullet does not appear to affect the shoulder joint as far as we can tell on radiographs, so it was not removed to avoid the extra damage and stress of a potentially unnecessary and invasive surgery," explained Dr. Cabot. "So far, the patient appears to be very comfortable in that right wing with good range of motion. The hawk has been on strict cage rest for two weeks allowing the broken bone to heal, and we will not know if there will be full function or the ability to fly despite the bullet and the damage it caused, until the bird comes off of cage rest."

Bandage changes have come often in an attempt for proper healing.

"In the beginning, the bandage changes were daily and required a lot of cleaning, including debriding and flushing out any dead tissue, debris and bacteria to clear out the infection. This also includes cutting away or "refreshing" the edges of the wound to promote continued growth in toward the center of the wound, so it can eventually close completely," said Dr. Cabot. "Once the wound is clean and starts to cover in with healthy tissue, the bandage changes become less frequent."

The patient has been receiving pain medications and antibiotics throughout its stay as well as covering the wound with silver collagen and manuka honey.



Patient #19-4001 suffered a traumatic experience but is doing well photo by Brian Bohlman

"Manuka honey and silver collagen dressings are two commercially available, sterile products that naturally fight local infection while promoting a moist, healthy wound bed. These products are extremely effective and often speed up the healing process considerably," said Dr. Cabot.

The red-shouldered hawk appears to be a tough customer.

"The patient is doing remarkably well considering the significant trauma it went through. The patient eats ravenously and was very bright and active soon after starting antibiotics, pain management and wound care," added Dr. Cabot. "We will consider moving the bird outside for some

physical therapy once the wound on the back is fully closed and there is a little more bone healing seen on radiographs. In a larger enclosure outside, we will be able to better assess if the patient will be able to fly normally – despite the shoulder injury – and for a potential release."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, October 18, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, October 18, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Owls of Southwest Florida (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique



adaptations of the native and migratory raptors of Florida, specifically the five species of nocturnal hunters known as owls. One of CROW's animal ambassadors will be present.

Monday, October 21, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, October 21, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Wading Birds (daily presentation).

Wading birds fill the shallows of waters all across the world. Originally hunted for their plumage, many wading bird populations saw a great decline, but have made recoveries. Learn the differences between herons and egrets,

some of their unique hunting styles, and the many species native to Southwest Florida. One of CROW's animal ambassadors will be present.

Tuesday, October 22, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, October 22, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Species Profiles: Sea Turtles (daily presentation).

There are seven different species of sea (or marine) turtles, and human activities have tipped the scales against the survival of these reptiles. Most species of sea turtle are classified as endangered, and CROW is the only licensed sea turtle facility between Sarasota and Marathon, Florida. From boat strikes to washback hatchlings, one of CROW's team members explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, October 23, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended

for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, October 23, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Thursday, October 24, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, October 24, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✴

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COASTAL WATCH



Proceeds will fund local conservation initiatives created by Coastal Watch, initiative branch of Sanibel Sea School, a 501(c)3 nonprofit corporation.



Last year's drag queens, from left, Joey Almeida, Whitney Jones, Craig Albert, Dan Schuyler, Eric Pfeifer, Jeramie Campana, Richard Johnson and Doug Babcock photo provided

Celebrity Drag Queens To Solicit Tips For CHR

Community leaders will take to the red carpet for drag queen performances for a great cause on Wednesday, October 30 from 5 to 8 p.m. at Lily & Co. Jewelers.

"Six upstanding men with stellar reputations on the island will risk it all by revealing their inner drag queens, sashaying down the red carpet with spectacular boas, showers of glitter and fireworks of feathers while serenaded by the Marty Stokes Band – all for the benefit of the nonprofit Community Housing and

Resources (CHR)," said Dan Schuyler, co-owner of Lily & Co. Jewelers with Karen Bell. The event is co-sponsored by Sanibel Catering Company by Bailey's.

The celebrity drag queens are: Marcus Preece of Cielo, Charley Ball of Barefoot Charley's Painting, Kacy Beier of George & Wendy's Seafood Grille, City of Sanibel Senior Planner Roy Gibson, Daniel Thompson of Suncatchers' Dream, Josh Stewart of Adventures In Paradise and Dan Schuyler of Lily & Co. Jewelers. Master of ceremonies will be Nicole McHale.

The celebrity drag queen who raises the most money will be crowned the favorite performer.

Tickets are \$35 per person and available online at www.sanibelchr.org/event/halloween-2019/, at Lily & Co.

Jewelers, 520 Tarpon Bay Road, or Bailey's General Store, 2477 Periwinkle Way.

All proceeds will go to CHR, which provides affordable housing for 150 people with 74 rental homes and 14 limited equity homes on Sanibel. "CHR provides a critical need for our island community since most housing is financially out of reach for many people," said Schuyler. "While the event promises hilarity and cheer, the purpose addresses a very serious need."

"In addition to affordable housing, CHR provides economic and social diversity that the Sanibel Plan always envisioned," said

Richard Johnson, CHR board president and owner of Sanibel Catering Company by Bailey's.

Cocktails and appetizers will be provided by Sanibel Catering Company by Bailey's while guests have an opportunity to bid on silent auction items from Lily & Co. Jewelers.

"We are grateful to these six generous community members and to our sponsors, Lily & Co. Jewelers and Sanibel Catering Company by Bailey's, for what promises to be an extravaganza of laughter, great music and amazing food," said Melissa Rice, CHR executive director.*

A Picnic Island Paddle

by Kealy McNeal



On Saturday, October 26, the Ocean Tribe Paddling Club will host a morning paddling excursion to Picnic Island, a sandy island in San Carlos Bay. We will start our journey from Causeway

Island A and paddle to our destination, allowing time to explore before making the trek back to our launch point. The waters around Picnic Island are home to many critters such as bonnethead sharks, southern stingrays and manatees. Hopefully, we will be able to

observe some of these animals in their natural habitat.

Those interested in joining the group should meet on the north side of Causeway Island A (the island closest to the toll booth) at 8:45 a.m. The paddle will begin at 9 a.m., and will last approximately one and a half hours. Participants are invited to bring their own vessel, or a limited number of loaner vessels can be reserved in advance by emailing oceantribepaddlers@sanibelseaschool.org. Any weather related updates or schedule changes will be posted on the Ocean Tribe Outfitters Facebook page at least one hour prior to the event.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn more.*



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Shell Of The Week

The Beautiful Truncatella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Truncatellas are small marine snails that spend most of their lives away from seawater,

living among dead leaves, above the high tide line in mangrove areas. The genus name derives from the truncated shell aspect. One of two species occurring locally in Southwest Florida, the Beautiful Truncatella, *Truncatella pulchella* Pfeiffer, 1839, grows to 6.5 mm (about 0.25 inch). Its shell is elongate, with up to six rounded whorls, each bearing 17 to 40 axial (“vertical”) ribs. The color is yellowish to brownish. The shell outer lip sometimes looks “doubled” (arrow on photo). Read more about local mollusks and their shells at www.shellmuseum.org/shell-guide and www.shellmuseum.org/blog.

Shell Museum Events

See truly giant shells. Watch a live Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Drop



The Beautiful Truncatella, *Truncatella pulchella*

by and let us inform and inspire you. Visit www.shellmuseum.org or call 395-2233. The Bailey-Matthews National Shell

photo by José H. Leal

Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✱

American Legion Post 123

American Legion Post 123 is serving a ham dinner this Sunday, October 20, from noon to 8 p.m. The following Sunday, October 27, barbecued ribs and chicken are on the menu from noon to 8 p.m.



The third Thursday of the month is Open Mic Night from 6 to 9 p.m. The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.✱

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Trailblazers with instructors and educators from Sanibel Sea School at the Sanibel Causeway photo provided

Partnership Provides Learning Opportunities

Seine netting, snorkeling and dissecting a squid are activities young adults with developmental disabilities typically don't get a chance to do. Thanks to a new partnership between STARability Foundation of Naples and Sanibel Sea School, up to 36 individuals are exploring the beaches and waters of Sanibel once a month through January.

In each three-hour session, members of STARability's Trailblazer Academy take turns at three stations where they get hands-on, feet-wet, full immersion

into new learning experiences. In October, they'll go to Bunche Beach to explore the intertidal zone, see fiddler crabs and mangroves, and dissect a shark.

The Trailblazer Academy is an innovative, community-based day program based on partnerships with more than 25 organizations and businesses. Trailblazers learn vocational skills, fitness and nutrition, do creative arts and explore the environment. By partnering with Sanibel Sea School, they are furthering the school's vision of "a world where all people value, understand and care for the ocean" and its mission "to improve the ocean's future, one person at a time." STARability's main focus is to shine light on ability, not disability.*

Local Blues Guitarist Opening For National Act

Sixteen-year-old blues guitarist Johnny Jensen, who emerged as a musical prodigy performing with local bands from the age of 5, was recently tabbed to open a show for a nationally famous gypsy jazz/swing act when they perform on Thursday, October 24 in Bonita Springs.

The North Carolina-based Squirrel Nut Zippers, who rose to prominence in the 1990s during the swing revival era, will be performing at the Southwest Florida Event Center, located at 11515 Bonita Beach Road. Doors open at 6 p.m., with Jensen taking the stage at 7 p.m. The Squirrel Nut Zippers will perform starting at 8 p.m.

To purchase tickets, priced at \$44 and \$54 each, visit <https://www1.ticketmaster.com/event/0D0056BCCB70B7F4>.

Jensen, a native of Captiva, will be the opening act for the 4th annual Sanibel Jazz & Blues Fest on Sunday, November 3. He will return to the Southwest Florida Event Center on February 27, 2020, opening for Moody Blues vocalist/bass guitarist John Lodge.*



Johnny Jensen photo provided

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From left, Dana Crater, Scott Crater, Laura Pettit, Bruce Neill, Greg Pettit, Adeline Pettit, Luke Crater, Ty Caruso and Wythe Pettit
photos by Leah Bieri

Fun Times For All At Flip Flop Scavenger Hunt

Sanibel Sea School's 2nd annual Flip Flop Family Scavenger Hunt, held on October 5, was a great success. Seventeen teams competed in a variety of challenges, testing their island and ocean knowledge. One lucky contestant, Pam Vadas, won a diamond and sapphire starfish pendant from Lily & Co. Jewelers.

All proceeds from the event will support the nonprofit organization's scholarship fund to provide meaningful ocean experiences for all.

Sanibel Sea School staff extends a big thank you to the event sponsors and everyone who participated.

For more information about Sanibel Sea School, visit www.sanibelseaschool.org.



Pam Vadas was the winner of a starfish necklace donated by Lily & Co. Jewelers, delivered by co-owner Dan Schuyler



Lila Fields shows off an event T-shirt



From left, Jackson McKiddie, Ethan Doss and James Doss paused for a refreshment break



Grayson Rienzo represented his team in a donut eating challenge



From left, Ryder Szymanczyk and Taylor Szymanczyk, followed by Hudson Hanni, competed in an obstacle course

Programs For All Ages At Sanibel Public Library

Weekly children's programs with Youth Service Librarian Deanna Evans continue this fall at Sanibel Public Library. The full event schedule is on the calendar at www.sanlib.org.

Storytime for preschoolers and their caregivers will be held on Wednesdays and Thursdays at 11 a.m. through November 21. Family storytime helps develop pre-reading skills through songs and stories. No registration required.

The After-School Crew, for kindergarten through fifth graders, will meet at 3 p.m. on Thursdays through November 21. There will be new books, puzzles, games, crafts and snacks. No registration required.

Families can play in the Think Tank from 10 a.m. to 4 p.m. on Fridays. The MagiBox projects interactive images from the ceiling to the floor. Stay as long as you choose with this self-directed program.

Teen Scene: Spheros & Snacks, for ages 12 to 18, will be held from 6 to



The Fill-A-Bag for A Dollar Book sale starts on October 25 7 p.m. on Monday, October 21. Hang out, socialize, play with the Spheros mini robots and have a bite to eat. Call Deanna Evans at 472-2483 to RSVP. Witness a virtual sinking of RMS Titanic on Thursday, October 24. Users

will leave with a greater understanding of the tragedy that unfolded in 1912. Registration is required due to this virtual reality experience length (10 to 20 minutes). Call 472-2483 to set up a time between 10 a.m. and noon. For ages 13 and older.

Saturday Crafterday will be held at 11 a.m. on Saturday, October 26. Third to eighth graders will make a spooky crafts project. No registration required.

The popular Fill-A-Bag for A Dollar book sale starts at 9:01 a.m. on Friday, October 25. The sale will continue until inventory is depleted.

The book discussion group starts again in November, and the first book will be *The Nickel Boys* by Colson Whitehead. The group will meet at the library at 10 a.m. on Wednesday, November 20.

Interested to find out who begat whom in your family? Know of a family myth, and want to find out more? The Sanibel Public Library can help by offering access to Ancestry.com – a popular digitized genealogical search tool – for anyone who goes to the library. No library card is required. Come and use Ancestry or Fold3 (military records).

The public is welcome. For more information, call 472-2483.✱

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Thursday, October 24	Coconut Shrimp only \$9.95	

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Alison Charney Hussey, executive director of CROW (center), with Willy Ocasio and Darrin Grotian of Bank of the Islands photo provided

Taste Of The Islands Shirts Now On Sale

Taste of the Islands shirts are now available at Bank of the Islands/ Edison National Bank, located at the corner of Periwinkle Way and Casa Ybel Road. Show your support of the Clinic for the Rehabilitation of Wildlife (CROW) by wearing an official, limited-edition Taste of the Islands shirt.

The 38th Taste of the Islands shirt features art by local artist Megan Kissinger and a list of participating restaurants.

Tank tops are \$20; small, medium and large T-shirts are \$22; all other sizes are \$25. Shirts are also for sale in the CROW Gift Shop and will be available at the event.

Taste of the Islands will be held on Sunday, November 11 from 12:30 to 5 p.m. at Sanibel Community Park. Admission and CROW Bucks are available online at www.CROWClinic.org or at the gate. Admission is \$7; no charge for children under 12.

Taste of the Islands is CROW's signature fundraising event which showcases the vibrant and diverse restaurants of Sanibel and Captiva Islands. This year's family-friendly event also features live entertainment by Private

Stock Band. Inside The Community House, you can meet CROW's animal ambassadors and can bid on silent auction items.

The restaurants will offer an array of menu items for six CROW Bucks or less while competing for honors in a variety of categories including Best Appetizer, Best Seafood and Taste of the Taste. Attendees cast ballots to decide the winner of the coveted People's Choice award.

Sponsors include Bank of the Islands/

Edison National Bank as Presenting Sponsor, The Silverman Organization as Executive Chef Sponsor, Heidrick & Co. Insurance, Jensen's Marina & Cottages, and Dave and Jennifer Nichols as Sous Chef Sponsors, FOX 4 as Lead Media Sponsor, and *Island Sun* and *The River Weekly News*, Times of the Islands Media, *Happenings Magazine*, *Florida Weekly*, *Islander/Island Reporter* and *Santiva Chronicle* as Supporting Media Sponsors.✪

Industry Expert To Speak At Luxury Wine Tasting

Wayne Ballard will be the featured speaker for the Patz and Hall Winery tasting on Tuesday, October 22 from 5:30 to 7:30 p.m. at The Community House. The tasting is sponsored by Bailey's General Store.

There will be luxury wines, light hors d'oeuvres and discounted wine prices. Chef Karl Hamme of Sanibel Catering Company by Bailey's will entertain with a live cooking demonstration.

Ballard, a wine industry expert, is the business development manager for the Discovery Pearl Collection, which is the luxury collection from Chateau Ste. Michelle, Antinori, Patz and Hall, Stag's Leap wine cellars and Champagne Nicolas Feuillatte – France's top selling Champagne. Ballard began his career in the wine and liquor business in 1996

with Southern Wine and Spirits, where ascended from a sales consultant to district manager and ultimately area manager for both wine and liquor in the Naples and Fort Myers region.

Ballard has had extensive training and experiences in the great wine growing areas around the world including Champagne, Burgundy, Bordeaux, Italy, California, Washington State and now Spain. His mission is to "take the pretentiousness out of wine and make it more approachable for everyone."

Patz and Hall Winery specializes in single vineyard chardonnay and pinot noir, which are food-friendly wines, often served with Thanksgiving dinner.

A limited number of tickets are available, priced at \$20 per person, and reservations can be made online at www.baileys-sanibel.com/patz-hall-winery. For more information, contact Calli Johnson at cjohnson@baileys-sanibel.com.

The Community House is located at 2173 Periwinkle Way on Sanibel.✪

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From left, Pete Bender, Ed Ridlehoover, Billy and Salli Kirkland, Vanessa Flynt and Nicole McHale photo provided

Billy's Rentals Sponsors Race

Billy's Rentals is a gold sponsor of the 11th annual 10K Race 4 FISH, to be held on Saturday, October 26 at The Community House. "FISH fills necessary needs in our community," said Salli Kirkland, who owns and operates the rental business with her husband and the company's namesake, Billy Kirkland. "We have watched them expand their services over the years to better serve the needs of our diverse community."

"They have continued to be a true resource for our island neighbors, workers

and visitors who need a helping hand," added Billy Kirkland. "We are very pleased to have Billy and Salli as supporters of FISH," said Ed Ridlehoover, 10K race committee co-chair. "They are wonderful neighbors who go the extra mile for the community in which they live and work." Race registration for both the 10K and kids run is available online at www.ftmyertrackclub.com, or you can print an entry form at www.fishofsancap.org. Cost to participate is \$40 for those who register before October 20, \$45 from October 21 to 25 and \$50 on race day. Runners receive medallions, an award for placing top three in their age group, a goody bag and a T-shirt.*

BIG ARTS Ethics In Film Series *The Children Act*



by Ron Green
On Wednesday October 23 at 12:30 p.m., Island Cinema will show *The Children Act*, the second film in this year's BIG ARTS Ethics In Film Series.

The film runs 106 minutes. After the movie, I will lead a discussion in the cinema. Remaining films in the four-part series will be announced prior to the weekly showing. *The Children Act* is a 2017 drama written by Ian McEwan, based on his 2014 novel of the same name. It stars Emma Thompson, Stanley Tucci and Fionn Whitehead. In the midst of a marital crisis, a High Court judge must decide if she should order a life-saving blood transfusion for a teen with cancer despite his family's refusal to accept medical treatment for religious reasons. Her unorthodox visit to his hospital bedside has a profound impact on them both. The ethical questions are: Did Judge Maye (Emma Thompson) rule justly in her decision concerning the teen, Adam Henry (Fionn Whitehead)? Did she do anything wrong that might have contributed to the film's sad conclusion?



image provided
Each of the films in this series asks its leading characters and viewers, "In view of the values in conflict at the center of this story, what is the right thing to do?" Tickets are \$7 and available at the BIG ARTS box office, located at 2244 Periwinkle Way, Suite 8, online at www.bigarts.org, or on the day of the film at Island Cinema, located at 535 Tarpon Bay Road in Bailey's Center. Ronald M. Green is a Sanibel resident and professor emeritus for the study of ethics and human values at Dartmouth College.*

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6-8 radishes, sliced thin
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2 Key limes, zested and juiced
1/2 red onion, sliced thin
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2 tablespoons dill, finely chopped
2 tablespoons parsley, finely chopped
1 garlic clove, minced
Sea salt and fresh ground pepper, to taste

Prepare dressing by whisking together oil, honey, vinegar, dill, garlic, salt and pepper. Pour over sliced radishes and cucumbers. Allow to marinate in refrigerator for at least 2 hours before serving. Garnish with parsley and serve chilled.*



Radish and Cucumber Salad

photo courtesy Fresh From Florida

LIVE ON THE ISLANDS

Island Cow has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. Dan Confrey performs on Sunday.

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with the Renata Band. The Wildlings perform on Saturday. David Rojas plays on Sunday. David and Mitch Band performs on Monday. Flying Hasselhoffs play on Wednesday. On Thursday, it's James Prather.

Traders Coastal Cuisine has live entertainment Tuesday and Thursday with Danny Morgan and Friends. Chris Workman plays on Wednesday.

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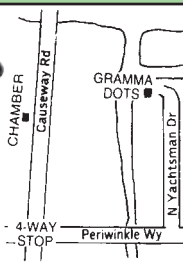
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Real Estate Top Producer Develops Team

Mike McMurray, a 27-plus-year real estate veteran who has generated over \$1 billion in real estate transactions throughout Lee County, has evolved his team to his own brand — McMurray & Members of Royal Shell Real Estate.

With over a decade of mutual success, McMurray and his longtime colleague are pursuing Royal Shell Real Estate opportunities on different paths.

With offices on Sanibel and Captiva Islands and the Lee County mainland, as well as ever-growing residential listings throughout Southwest Florida, McMurray & Members is continuing to build its brand on personalized service, while leveraging ever-expanding high-tech digital tools and marketing channels.

"We're plugged into the latest communication means, trends and platforms, but our meetings with clients are still done face-to-face. This maintains the honesty and integrity that I've always applied to real estate," said McMurray. "My member-driven team gets to know the human beings — from open house to closing, as we hand them the keys to a property they could never have dreamed of."

McMurray is a multigenerational realtor who grew up in Fort Myers and is passionate about helping clients find



From left, Todd Kiddy, Kiersten Capo, Mike McMurray, Chad Reedy, Kelly Sackman and Sally Hunt photo provided

the perfect home. He began his career on Sanibel Island where he continues to focus his business. He and his team are committed to giving back to the community, not only to Sanibel and Captiva islands, but to all of Southwest Florida, and support many local causes personally and professionally. McMurray has worked as an independent agent as well as with a team that ultimately evolved into the number-one real estate producer in Lee County, with over \$100 million in real estate sold every year and

over \$1 billion in sales since 2006.

Now, with the core member agents who contributed to that success, McMurray and his team apply comprehensive Royal Shell Real Estate resources to assist people in buying and selling homes throughout the Gulf Coast. They have advanced knowledge of neighborhood locations, design features and intricate details, as well as provide their clients with the highest level of personalized service that is second to none.✪

Red Sox Foundation Scholarships

The Boston Red Sox Foundation will once again be awarding 13 \$5,000 scholarships in the spring of 2020 to one deserving student from each of the 13 public high schools in Lee County.

Applications are now open and available to local Lee County public high school seniors at www.redsoxfoundation.org/fenway-south/flscholarship.

Applications are due by Tuesday, December 31. The scholarship is for academically talented students who have shown a commitment to community service and are pursuing a two- or four-year degree at any college or university.

Scholarship funds are raised annually from proceeds of the Red Sox annual Swings for the Sox Golf Tournament. In the past seven years, the Red Sox Foundation has raised more than \$323,000 for local nonprofits and scholarships.

"The Red Sox Foundation continues its commitment to providing the funds for these scholarships," said Brennan Whitley, senior manager Florida business operations for the Boston Red Sox. "Our eighth annual Swings for the Sox golf tournament was once again a huge success in our efforts to raise more money for these scholarships."

For more information, visit www.redsoxfoundation.org ✪

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The Community House

Dates



by Resident Chef Jarred Harris

Dates are the oval shaped, edible fruits of the date palm tree. They have been a staple food across the Middle East for thousands of years. The date palm tree is known as the tree of life in the Middle East because the tree and its fruit have many uses, from food to building materials. Due to their low water and high sugar content, dates can stay fresh for a long time.

Dates originated in Iraq around 7000 BC and were introduced to North African countries and Northeast Asia around 3000 BC. Ancient Egyptians used dates to make syrup, alcohol, vinegar and wine. Ancient Romans used date palm fronds during processions to symbolize victory and strength.

Date palms were brought to Spain from North Africa around 800 AD and Spanish explorers brought seeds to Cuba in the early 1500s. Missionaries planted date palms in California during the

mid-1700s and by the late 1800s, the date palm was being grown in Arizona, south Florida and throughout South America.

Dates contain calcium, zinc, iron, copper, magnesium, phosphorus, sodium and potassium. They also contain niacin, vitamin B6, vitamin A, vitamin K and powerful antioxidants known as “polyphenols.” Dates can improve bone health, help regulate cholesterol, improve heart health, regulate blood pressure and improve brain health.

Because there are very few people that are allergic to dates, the fruit makes an excellent cooking ingredient and sugar alternative.

Here is a simple recipe to try:

Sticky Toffee Pudding

Ingredients

2 ozs. butter

6 ozs. brown sugar

2 eggs

3 tbsp. molasses

7 ozs. self-rising flour

7 ozs. pitted dates

10 oz. boiling water

1 tsp. baking soda

½ tsp. vanilla extract

For the sauce

8 ozs. heavy cream

4 ozs. butter, diced

4 ozs. dark brown sugar

3 tbsp. black molasses

Vanilla ice cream

Method

Preheat the oven to 400F. Grease and flour 6 individual pudding molds or use a muffin tin.

Cream the butter and sugar together

in a mixing bowl until pale and fluffy. Add the molasses and eggs, a little at a time, then blend until smooth. Add the flour and mix at a low speed until well combined.

Meanwhile, blend the dates and boiling water to a smooth purée. Stir in the baking soda and vanilla.

Pour the date mixture into the pudding batter and stir until well combined.

Pour the mixture into the molds and bake for 20-25 minutes, or until the top is springy and golden brown.

To make the sauce, heat all of the

ingredients in a pan, stirring occasionally, until boiling. Reduce heat and cook until slightly thickened.

To serve, remove the puddings from the molds and place onto 6 serving plates. Pour the sauce over and serve with a scoop of vanilla ice cream.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel.

*For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.**

New Logos For Local Company

RS Walsh Landscaping has updated its company logo and the logo for its Sanibel garden center, In The Garden.

“We’ve redesigned our logo, maintaining the hummingbird that has been part of our company’s brand since our inception,” said Robert Walsh, owner. “The hummingbird represents our commitment to quality and has customer recognition and trust for the unique landscape design and superior client service we provide. The new look includes a streamlined hummingbird that incorporates a tropical leaf as the wing of the bird. The modern logo reflects our company’s continued evolution and goal to be at the forefront of Southwest Florida landscape design.”

Robert and Lisa Walsh began RS



Walsh Landscaping 36 years ago, and opened In The Garden nearly 10 years ago.

RS Walsh In The Garden – Retail Garden Center & Outdoor Showroom is located at 3889 Sanibel-Captiva Road, across from The Sanibel School. It is open Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 9 a.m. to 1 p.m. For more information, call 395-5859 or visit www.rswalsh.com.*

From page 1

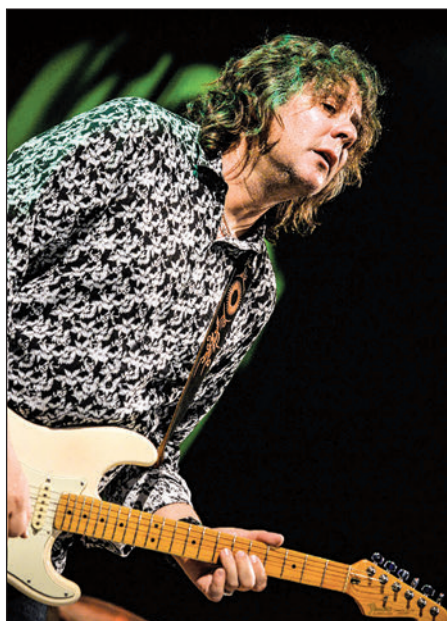
Blues And Jazz

Backyard at Bailey’s Center, located at the corner of Periwinkle Way and Tarpon Bay Road on Sanibel. The concert begins at noon and ends around 7 p.m. on Sunday, November 3.

In order of appearance (times approximate):

1 p.m. – Johnny Jensen is a 16-year-old, award-winning blues/fusion/jazz artist who hails from Captiva. He has played alongside many blues legends, including Bryan Lee, Kenny Neal, Matt Schofield, Elvin Bishop, Tennessee Redemption and The Marshall Tucker Band. He has also played at many famous venues across the country: Douglas Corner Cafe in Nashville, Tennessee; The Red Room at the Berklee College of Music in Boston, Massachusetts; and BB King’s Blues Club in Memphis, Tennessee. Some of his most recent accomplishments include releasing his first all-original EP on iTunes and Spotify, being selected by the Southwest Florida Blues Society to represent them in Memphis at the 2019 and 2020 International Blues Challenge.

2 p.m. – The Marty Stokes Band is back again. They have performed in clubs and festivals around Florida, winning the IBC (International Blues Competition) in Memphis, held in 2017. The band is also a four-time winner of the Peoples’ Choice Award, sponsored by the Southwest Florida Blues Society, with standing room only audiences.



Sean Chambers

photos provided

Stokes has produced four CDs of original blues, and the latest release, *Down On My Knees*, has received strong international blues reviews.

3:30 p.m. – Sean Chambers is an American blues rock singer, guitarist and songwriter. He has released seven albums since 1998, with the most recent, *Trouble & Whiskey* (2017) and *Welcome To My Blues* (2018), appearing in the U.S. Billboard Blues Albums Chart. His main guitar playing influences are the work of Jimi Hendrix and Stevie Ray Vaughan. Chambers was born on the Gulf Coast of



Matt Schofield

Florida. UK’s *Guitarist Magazine* cited Chambers as “one of the top 50 blues guitarists of the last century.”

5 p.m. – Matt Schofield, the acclaimed British guitar virtuoso and British Blues Hall of Famer, is regarded as one of the most innovative guitarists to have emerged in generations. Schofield holds a British passport and is an inductee of the British Blues Hall of Fame. Newspapers have described him as the best blues guitarist from any country in decades and have rated him in the top 10 British blues guitarists of all time, ranked with Eric Clapton and

Peter Green. Schofield performed at the 2016 and 2017 festivals, and is the headliner once again.

Closing out the show will be a band jam, featuring musicians from each act.

Ticket donations are reduced this year to \$20 for general admission and \$100 for VIP admission. Advance ticket donations are limited. Purchase online at www.eventbrite.com/d/fl-sanibel/music-events, at Bailey’s General Store, Sanibel Captiva Community Bank, George and Wendy’s Seafood Grille, or at the festival entrance on performance day.

VIP admissions include reserved, covered seating, a festival T-shirt, meet the bands, raw bar, Champagne bar, food and beverages. Advance purchase VIP ticket holders also receive reserved parking.

General admission participants are reminded to bring their own seats. Food and a range of beverages, including beer and wine, will be available for purchase. No food or beverages may be brought in by attendees.

On-island parking will be available at sign-marked areas with shuttles to the venue, and at the Sanibel Post Office. VIP ticket holders only can park across the street at Bank of America. Handicapped parking is available in marked area at Bailey’s General Store, plus special valet bicycle parking is offered directly at the festival grounds.

More information is available online at www.facebook.com/SanibelBluesandJazzFestival and online at www.sancapoptimist.org.*

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Highlights From The 10th Annual Celebrity Island Dinner



Roger and Sandy Grogman at the Celebrity Island Dinner to benefit the Bailey-Matthews National Shell Museum, held on October 7 at Traders Coastal Cuisine photos by Jeff Lysick



Jane and John Henshaw



Liz Podolsky



Rebecca Mensch



Holli Martin



Carly Hulse



Toni Gynac



Leigh Gay



Emcees Melanie Moraga and Paul Gulbrandsen



Auctioneer Bill Hartley soliciting bids for Roger Grogman's top hat adorned with seashells



From left, Toni Gynac and Rebecca Mensch dancing along to Lynne Campean singing *You Belong To Me*



Bailey-Matthews National Shell Museum Executive Director Dorrie Hipschman, right, introducing this year's celebrity wait staff



One of the dinner guests buying jewelry from celebrity server Liz Podolsky



Chris Davison, center, selling raffle chances to win a necklace, valued at \$595, provided by Congress Jewelers

Book Review

Chances Are...



by Di Saggau

Richard Russo won a Pulitzer Prize for his 2001 novel *Empire Falls*. As in that novel, *Chances Are...* shows his ability to capture the affection male friends have for one another, and

also the friction that exists when they are from different classes. In this book, we meet three old friends, all 66 years old, convening on Martha's Vineyard for one last celebration. The three were college classmates in the late '60s and early '70s. Fast friends then and still the closest of friends 44 years later.

Through alternating chapters, we get to know the memories and regrets of the three men. Lincoln is the successful one, a commercial real estate agent in Las Vegas. He has organized the weekend and, while happily married, is having serious financial problems. Teddy is the editor of a small religious press. He suffers from depression and other ailments. Mickey is a musician who still rides a Harley and suffers from a hard-living life. All have secrets of their own and some in common.

Russo is renowned for his astute, masterful understanding of community. In any location, his people are confined to and defined by a place or a calling or a shared history. It's the latter that draws these three men together again. Utmost in their minds is a mystery involving the disappearance of Jacy – a wealthy wild child, loved by all of them – on Memorial

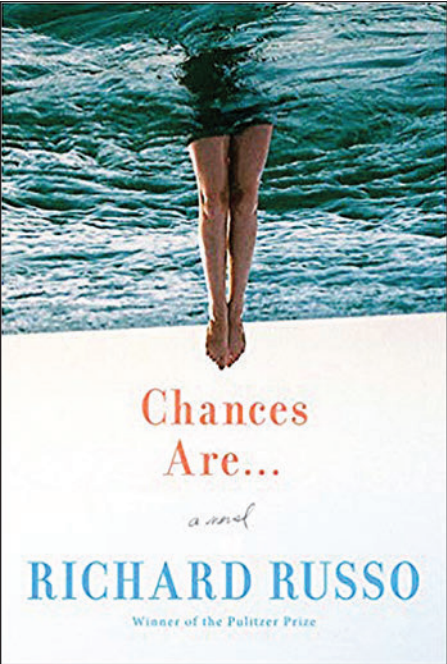


image provided

Day 1971. At the time, they were near graduation not knowing what was ahead in the future. They also had Vietnam and the draft hanging over their heads.

Chances Are... begins as a mystery, with theories about Jacy's possible murder and then focuses on the three central characters, with their father issues and insecurities about money and class. The story moves along two time frames. The title comes from the classic Johnny Mathis song. Together again on Martha's Vineyard, their old friendships dissolve their differences and take them back to a golden moment when anything seemed possible.

Chances Are... is a riveting story about the abiding yet baffling and complex power of friendship.✱

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My fourth grade son reads slowly. It takes him quite a bit of time to read his assignments. He isn't frustrated yet, but I know soon, as his work increases, things will become more difficult for him. He's a smart kid, so why is he reading slowly?

Dan, There are lots of reasons kids read slowly. They might be very imaginative or have trouble with some aspects of reading. Reading slowly doesn't mean kids aren't smart. Reading is a process that involves a lot of skills. So, when kids read more slowly than other kids their age but do well in other areas, there are many possible reasons. It doesn't always mean they have trouble with reading, or as smart as other kids. However, sometimes kids who read slowly need extra help with one aspect of reading or

another. Here are some common reasons kids read slowly: They're trying out new reading strategies – Once kids have learned the basics of reading, the focus turns to understanding what they read. In fourth and fifth grade, teachers give kids a lot of strategies to use. Some kids appear to be reading more slowly because they're practicing what they're being taught. They want to think more about what they're reading – Some kids like to read more slowly because they're thinking about what they're reading. Kids with active imaginations or who are very curious can read more slowly than others. But, they tend to understand what they read at a high level. They make lots of mistakes reading words – Sometimes, kids read slowly because they make a lot of mistakes reading individual words. When they realize that what they're reading doesn't make sense, they go back and re-read the words. That takes time, and it can also impact how well they understand what they're reading. Reading texts that are too hard can slow kids down – Kids need material at their own reading level. Struggling readers may be embarrassed by reading at a lower level but they need to know

that everybody has strengths and challenges, and that no one is good at everything. They feel anxious about reading which can slow them down – They may constantly double-check what they've read to be sure they got it right. They have trouble staying focused and that can cause kids to read more slowly – Being easily distracted by noises, sights, or even their own thoughts makes it hard to keep their place when reading, and they have to re-read things. There's a type of memory called working memory that kids use when they read – It allows them to hold on to a word long enough to use it in their reading. When kids have trouble with this skill, they end up having to re-read things. Some kids have a hard time processing and understanding language – That can make it hard for them to understand what they're reading. They may have to re-read or stop often to think about what they're reading. When kids read more slowly or at a lower reading level than other kids their age, it doesn't mean they can't become strong readers. They may need extra help getting there, but their reading can improve. If you're concerned about your child's reading skills, talk with the teacher. Find out if the teacher is noticing the same thing and ask how you can help. Shelley Greggs is adjunct

faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Audubon Environmental Breakfast

Audubon of Southwest Florida's 22nd Environmental Breakfast will be held at Riverside Community Center on Thursday, October 31. Participants are asked to bring their own mugs for coffee, which will be ready by 7 a.m. Breakfast begins at 7:30 a.m. and the program begins at 7:45 a.m. Guest speaker will be Ruth Watkins, president of Calusa Waterkeeper, who will discuss Troubled Waters and Public Health. Thanks to sponsors, this event is free and open to the public. The Riverside Community Center is located at 3061 East Riverside Drive in Fort Myers. To RSVP for the breakfast, visit www.audubon.southwest.florida@gmail.com.✱

From page 1

Hatchlings

monitoring the beaches of Sanibel and Captiva from May to October at daybreak, looking for signs of crawls, nests and hatchlings.

"I just love it. It's a real privilege. There's nothing wrong with getting up early and getting out on the beach to help an endangered species," said Nancy Riley, who has been volunteering for seven seasons. "I did three mornings this summer – on Captiva, the east end and the west end of Sanibel." As a veteran volunteer, Riley remembers when having 80 nests in a season on the east end of Sanibel, from Tarpon Bay Road Beach to the Lighthouse, was a big deal. "This season we had almost double that many with 151, so it's just been a dramatic increase over time," she said. "We did start this season with some trepidation after last summer about what the impact was going to be, so we were just joyous to see such a great season and all the green sea turtles." With no storms causing nest damage, a total of 48,886 hatchlings broke a previous record of 41,498 in 2017. The total number of loggerhead sea turtle nests on Sanibel was 625 – coming close to the 2017 record of 649. On Captiva, a total of 193 loggerhead nests just missed tying the 2017 record of 194 nests. A total of 32 green sea turtle nests wasn't a record, but was a really good year. Keeping track of all the turtle activity wouldn't be possible without volunteers. "The success of our program and



A record number of 48,886 hatchlings were recorded this season, breaking the previous record by more than 7,000 photo provided

the strength of our conservation efforts are directly tied to our volunteers. We couldn't do it without them. Their passion, hard work and positive attitudes are truly inspiring," said Sloan. Visit www.sccf.org/our-work/sea-turtles to learn how you can adopt a sea turtle nest or sign up to volunteer. SCCF is dedicated to the conservation of coastal habitats and aquatic resources on Sanibel and Captiva and in the surrounding watershed. To learn more, visit www.sccf.org.✱



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Under Contract

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Split-plan 3 bedroom pool home with family room & amazing sunset views. Going through inspection period.
\$599,000



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**Pine Cove #201
2501 West Gulf Dr**

3-bedroom gulf-front 2nd floor end-unit with excellent rental income. Buyer coming to view & inspect soon.
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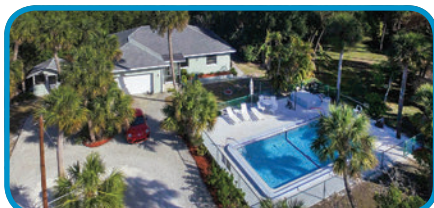
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836 Donax Street



This 3 BR/2 BA family home overlooks the Sanibel River and allows for weekly rentals. Living room, dining and kitchen combo have French door access to the screened back porch with lush vegetation. Community pool; easy walking distance to beach access.

\$575,000

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

\$1,329,000

Seashells of Sanibel #36



2-BD/2-BA second floor unit! Great rental income with 3-day minimum rentals! Conveniently located and just a short walk from the beach, this complex is an ideal West Gulf Drive location.

\$380,000

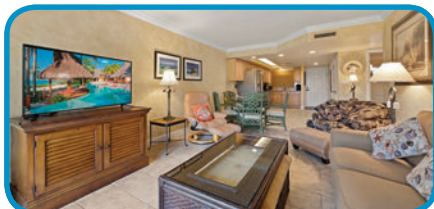
678 Durion Court



Beautifully remodeled... 3BD/2BA lake home. Located in East Rocks. Living/kitchen area boast beautiful lake views. New stainless appliances, freshly painted, new baths, and more! Priced to sell.

\$699,900

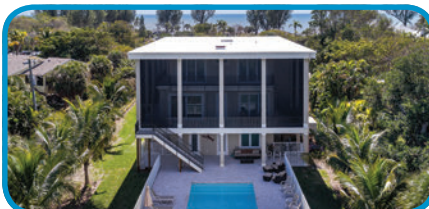
Sandalfoot #3C1



Beautiful 2 BR/2 BA unit with walk-out to the pool and beach. Updated, the kitchen features custom cabinetry, granite counter tops and stainless steel appliances, both bathrooms have been remodeled and the unit has an open floor plan.

\$674,000

4014 West Gulf Drive



Brand new custom home across from beach access. 4 BR/3BA home, large acre+ lot. Impact glass, glassed elevator, gourmet kitchen, gas cook top and stainless appliances. All rooms access screen enclosed decks, native vegetation, oversized salt water pool. Gulf view, an exceptional home!

\$3,699,000

www.SanibelCaptivaRealEstateGuide.com

Locations In Sanibel and Captiva

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Coastal Keepers Gets New Name

submitted by Sam Lucas

Coastal Keepers, a Sanibel-based conservation organization, has yet another new name: Coastal Watch.

What is Coastal Watch? A small, but dedicated band of residents who are committed to marine conservation on a local level. We want to help conserve the coastal heritage of Southwest Florida, that we know and love, for future generations; we have a strong sense of place, and feel obligated to volunteer to do our part.

Many years ago, we started as the Sanibel-Captiva Chapter of START (Solutions to Avoid Red Tide), the local chapter of a statewide organization dedicated to minimizing the devastating effects of red tide. We held an annual fundraiser, Crackerfest, in the dirt parking lot of a local bait shop.

In 2017, the steering committee determined that we really wanted to focus solely on Lee County initiatives, and decided to create our own group. We felt strongly that working together, with another similar-minded organization was more efficient than starting another nonprofit on the islands. After deliberation, we approached Sanibel Sea School to see if we could become the initiative arm of that organization. They are great at environmental education and it seemed logical for them to have a branch for community environmental action. After all, the most effective conservation comes from a combination of knowledge and action. We operate as the initiative arm of Sanibel Sea School and our initiatives are driven by the Coastal Watch advisory board.

Through much deliberation and business protocol, we arrived at a name – Coastal Keepers; we felt that it perfectly described our mission and actions – keepers, and trustees of our coastal resources. To accompany our shiny new name, we changed the name and venue of our fundraising event – appropriately named, The Launch, and held at The Community House on Sanibel. The first Launch was held in 2018.

Shortly after that inaugural event, we were presented with a cease and desist letter from a New York legal firm informing us that we were in copyright infringement of a national organization, and that we must (again) change our name. This was not the ripple effect we had hoped for, but it gave us hope that at least our activities went beyond our community. After again, much more deliberation, and more thorough legal research, we settled on the name Coastal Watch. Same group of folks, trying to make time to help make our community a little better place, just with a new name, version 2.0.

We recognize that there are many environmental challenges in our area, but some of these are just too big for us to tackle – think Caloosahatchee watershed problems; many of us are working people, who squeeze this in, because we know there are things we can do, in our community, to help make richer, and more aligned with principals of sustainability. We hope these initiatives may be a ripple effect, making our community strong and



allowing other communities to follow suit and begin projects in their community.

Over the years, we have created an environmental education portal used by public schools (Coastal Classroom), to enhance marine education for middle and high school kids, we created Seafood Savvy to promote the consumption of sustainable seafood. We created BYOB (Bring Your Own Bag) to promote the use of reusable bags for shopping, we created Strawless On Sanibel, which led to the ordinance prohibiting the widespread use of plastic straws on our islands.

This year, we are proud to introduce two new initiatives, one that will help us as citizens, become better stewards of our environment, and one that will directly help our marine environment cope with the effects of human inhabitation. Stay tuned for more information about this year's initiatives.

The advisory board of Coastal Watch is composed of: Rick Bartleson, Bob Brooks, Douglas Gould, Bailie Johnson, Richard Johnson, Sam Lucas, Henry Nachtsheim, Bruce Neill, Kim Taverna, Ron Taverna and Kevin Vertesch. We are always seeking others willing to join us and give a little of their time for our efforts to make our islands more engaged with nature, and in doing so, create more harmony with the natural bounty of Southwest Florida. Please inquire if you feel you have a little to give to our group of dedicated folk, to leave a better environment to future generations.

The Launch will be held on Saturday, November 16 at The Community House. Please come and have a fun night so that we, as a community, can be proud of, and continue our stewardship of the natural resources that support our island communities.

Coastal Watch operates as a branch of Sanibel Sea School, a 501(c)3 organization, to create and implement local conservation initiatives that promote and improve the future of marine resources and our coastal heritage. To learn more, visit www.sancapcoastalwatch.org or call 472-8585.*

Top 10 Books On The Island

1. *What Happens in Paradise* by Elin Hilderbrand
 2. *Talking with Strangers* by Malcolm Gladwell
 3. *Red at the Bone* by Jacqueline Woodson
 4. *Overstory* by Richard Powers
 5. *Guest Cat* by Takashi Hiraide
 6. *Quichotte* by Salman Rushdie
 7. *Where the Crawdads Sing* by Delia Owens
 8. *Queen Bee* by Dorothea Benton Frank
 9. *Woman 99* by Greer MacCallister
 10. *Guest Book* by Sarah Blake
- Courtesy MacIntosh Books and Paper.*



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18181 OLD PELICAN BAY DR., FT MYERS BEACH



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- Fabulous westerly views offering panoramic vistas of the 18th fairway. Private elevator

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15295 CAPTIVA DR., CAPTIVA



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- Potential design includes beach & bay views

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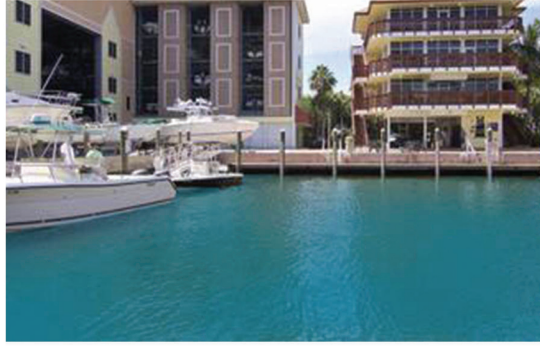
2515/2517 WULFERT RD., SANIBEL



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- Wonderful southern exposure
- Awesome amenities; Dining, Golf, Tennis & Fitness

\$259,000

15051 PUNTA RASA RD., #437, FT MYERS



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Highlights From CHR 40th Anniversary Celebration At Island Cinema



From left, Maryelle Pavelka, Lee Tauck and Melissa Rice

photos provided



From left, Shirley Bohner, David Waks and Marcia Leslie



Paul Powers and Cindy Brown



Jeniffer Bonilla with the cake



Scott and Arlene Mowry



Stephen Morris and Sarah Brickner



From left, Peggy Kish, Liddy Johnson and Nanelle Wehman



From left, Marie Kenerson with Sean and Patti Daly



From left, Richard McCurry Leslie and Robert Adams, and Bonnie McCurry



From left, Maryann Bell, Shawn and Laura Shaffer, and Dick Snell



Bob and Lisa Ann Miller



Susan and Chris Coile



Elaine Swank and Sue Denham



Nancy Riley and Jewel Jenson



From left, Ralph and Billye Curtis with Brenda Harrity



From left, Annette and Ed Hendrick with Mary and Steve Morris



From left, Erika and Greg Steiner and Susan Argo



From left, Bob and Nancy Brooks with John Van Duyne

Realtor Donates Symphony Tickets To Students

by Jeff Lysiak

With the spirit of the Halloween season in mind, Chuck Bergstrom, realtor with RE/MAX of the Islands, generously donated 40 concert tickets to the performance of *Hogwart's Halloween* to the fifth grade class at The Sanibel School.

The concert, performed by Gulf Coast Symphony, will feature music inspired by the Harry Potter series. Attendees are welcome to come dressed in costume, try playing different orchestra instruments, and enjoy safe trick-or-treating at 1 p.m. on Sunday, October 27 at the Barbara B. Mann Performing Arts Hall in Fort Myers. At 2 p.m., the Gulf Coast Symphony orchestra will begin its *Harry Potter*-themed performance.

"As a supporter of the Gulf Coast Symphony for many years, I am happy to introduce the kids to the magic of music by offering this opportunity to The Sanibel School fifth grade class, led



Last week, Chuck Bergstrom, front right, delivered 40 tickets to a performance of *Hogwart's Halloween* to the fifth grade class at The Sanibel School photo by Jeff Lysiak

by teachers Joe Camputaro and Anne Franke," said Bergstrom, who delivered the tickets to students on October 9. "Mr. Camputaro's classroom theme

is *Harry Potter*, and I think it will be exciting for the kids to see that come to life through this musical performance." Committed to the island community,

Bergstrom is actively involved with and supports many local organizations, including The Sanibel School as a Blue Ribbon Partner.✪

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ABWA Women In Leadership Luncheon

The American Business Women's Association (ABWA) will hold its next Women in Leadership Series luncheon on Tuesday, October 22 from 11:30 a.m. to 1 p.m. at Sundial Beach Resort & Spa. Hospitality professional Kari Cordisco will present Find Your Gift and Give It Away – The Fine Art of Hospitality, discussing steps everyone can take to up their game in customer service and the art of a warm welcome.

Cordisco is general manager at Sanibel Moorings Resort, Gardens & Condominium Association, with credentials as a community association manager, accredited residential manager, certified guest service professional and professional wedding officiant.

"Women are encouraged today to let their brilliance shine and take the lead, but that does not detract from the importance of delighting our customers," said Cordisco. "In both business and personal life, there is a benefit to knowing how to put smiles on the faces of others."

Cordisco claims she launched her career in the hospitality industry "by accident" at the age of 20, landing a hotel general manager role while attending college in Waterloo, Iowa. "Many have heard the old adage, 'The meaning of life is to find your gift, but the purpose of life is to give it away,'" said Cordisco. "As my career grew in the hospitality industry, this saying became my motto.

"I discovered both irony and joy in a hospitality career path. And I have some good stories and lessons learned to share."

Cordisco built her career managing large hotel portfolios, directing hotel construction, opening new hotels and

Kari Cordisco photo provided

overseeing multiple hotel sales, finally joining the Sanibel Moorings team in 2011. Under her leadership and direction, Sanibel Moorings has earned top ranking on Sanibel for many years on TripAdvisor and a WeddingWire Couples' Choice Award every year since 2011. In addition, Cordisco was named Lee County Best Tourism Boss in 2017.

"Everyone will enjoy this presentation and come away with an idea they can use," said Gloria Garrett, local ABWA chapter president. "Participants from all walks of life can learn from an expert in the art of hospitality."

Networking starts at 11:30 a.m. with lunch and speaker from noon to 1 p.m. The meeting is open to the community and cost is \$25. RSVP at info@ABWASanibelCaptiva.org or register on Eventbrite at <https://ABWASanibelCaptiva.Eventbrite.com>.

Sundial Beach Resort and Spa is located at 1451 Middle Gulf Drive on Sanibel.✪

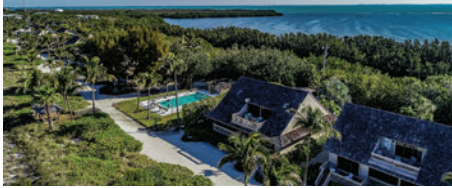
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- Lovely Golf Course Views
 - Overlooks 15th Fairway
- \$229,000** **MLS 219028304**
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Rotary Happenings

submitted by Shirley Jewell

I was glad to be back at Rotary this week. Have had some mobility problems and hope upcoming surgery might take care of that soon.



The seasons are moving fast now and I'm having just a wee bit of trouble keeping up. Social and nonprofit fundraising events are already taking place and there is a boodle more to come. Sanibel-Captiva Rotary sponsors many of these nonprofit fundraising efforts and our Rotarians are also on boards and volunteer for many of these nonprofits. Rotarians give back to their community in so many ways and love doing so.

Two upcoming nonprofit events on the island sponsored by Sanibel-Captiva Rotary are: "Ding" Darling Day, Sunday, October 20 and 10K Race 4 FISH ON Saturday, October 26.

Our guest speaker on October 11 was Toni Westland, supervisory refuge ranger at JN "Ding" Darling National Wildlife Refuge. She is an excellent representative of the refuge and has been part of the staff since 2002, holding different positions throughout the years including environmental education specialist from 2002 to 2009, Florida Junior Duck Stamp coordinator from 2002 to 2010, chair of "Ding" Darling Day and supervisory refuge ranger from 2009 to present. She helps educate over 20,000 school children and families a year at the refuge about the environment.

But I'm sure Westland would agree, she didn't come to talk about herself. "Ding" Darling Day is approaching fast, so check out www.dingdarlingsociety.org for details. Westland's talk was about the new JN "Ding" Darling exhibit to be unveiled in December in honor of the 75th anniversary of the refuge.

I think this is the perfect time to bring



Toni Westland

photo provided

to the attention of everyone visiting the wildlife refuge the importance of following the conviction toward conservation and wildlife restoration. Darling had a vision from his own hunting and fishing experiences, and realized the importance of saving natural environments for future generations of our country's wildlife.

"Land, water and vegetation are just that dependent on one another. Without these three primary elements in natural balance, we can have neither fish nor game, wildflowers nor trees, labor nor capital, nor sustaining habitat for humans." – Jay Norwood Darling

Darling was a highly respected syndicated newspaper political cartoonist throughout the country. He used his cartoons to promote conservation and national attention of environmental concerns. He was recruited by President Franklin Roosevelt to serve on the president's Committee for Wildlife Restoration to replace the Bureau of Biological Survey. The committee assumed the task of preparing a plan to direct funds into a new wildlife program. Most important to Darling were issues of wildlife exploitation and the destruction of irreplaceable waterfowl habitat.

Under his guidance as the director

of the survey, the Duck Stamp Act of 1934 was developed. In 1934, President Franklin D. Roosevelt signed the Migratory Bird Hunting Stamp Act (or Duck Stamp Act), and an increasingly concerned nation took action to stop the destruction of wetlands vital to the survival of migratory waterfowl. Under the act, all waterfowl hunters 16 years of age and over must annually buy and carry a Migratory Bird Hunting and Conservation Stamp, better known today as a Federal Duck Stamp. Ninety-eight cents of every duck stamp dollar goes directly into the Migratory Bird Conservation Fund. Darling himself designed the first duck stamp.

Here is an excerpt from the "Ding" Darling website: "For many years, Darling had a winter home in Florida on Captiva Island. Through the efforts of his island neighbors and the JN "Ding" Darling Foundation, a refuge was created on Sanibel Island from land donated by concerned citizens and acquired by the federal government. Administered by the

U.S. Fish and Wildlife Service, the Sanibel National Wildlife Refuge has protected habitat for wildlife since 1945. It was renamed in Jay Norwood Darling's honor and officially dedicated to him in 1967. 'Ding' Darling National Wildlife Refuge on Sanibel Island, Florida, one of Ding's favorite bird-watching locations, was set aside in his honor."

The new exhibit will draw you in. It tells the tale of Darling's personal passion for conservation and wildlife habitat and the history of his connection to the wildlife refuge. It will include archival and inspirational drawings and cartoons by Darling. You'll see his drawing table and the original drawing of the first duck stamp as well as his hunting gun and a hand-painted refuge sign stating, "No Shooting on Sanibel and Captiva Islands."

The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.*

Rotary Inducts New Member



From left, John Schwandke, Robert Sprotte and Annie Campbell

photo provided

Sanibel-Captiva Rotary Club inducted its newest member, Robert D. Sprotte, with the classification of financial services. Sprotte was introduced to the club by his sponsor, Chet Sadler, and officially inducted by membership chair, Annie Campbell, assisted by membership committee member, John Schwandke.

Sprotte is a graduate of Villanova University with a degree in finance. His professional experience includes positions with Merrill Lynch; Paine

Webber, Prudential, Hambrecht & Quest (Chase); Donaldson, Lufkin & Jenrette (Credit Suisse); and Keefe, Bruyette and Woods (Stifel). Currently, he is a licensed health and life insurance agent with HealthMarkets, covering the Sanibel, Fort Myers and Naples areas.

Sprotte and his wife Jackie have been married for 35 years and have three children who all work and live in New York City area. They recently moved to Sanibel and are looking forward to enjoying the community and all it has to offer.*

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- Wonderful Gulf views from large screened lanai
- New impact sliders, elevator, pool and tennis courts
- Only steps to Sanibel's beautiful beach
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Cathy Gerasin 472-5187 x 236

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Lynda Traverso 472-5187 x 226

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- Sold Fully-Furnished
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Bob Berning 472-5187 x 253

**Sanibel Hideaway**

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- Great Room/Vaulted Ceiling/Fireplace
- Overlooks Conservation Land
- Deeded Beach Access
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Karen Bell 472-5187 x 270

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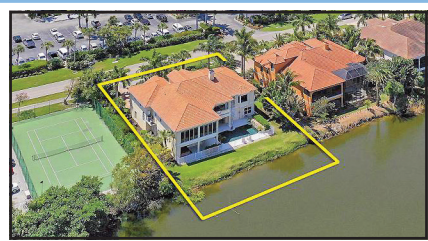
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Betsy Mulka 472-5187 x 204

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Marlene Donaldson 472-5187 x 242

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Robert Cronin 472-5187 x 225

**Breathtaking View at a Breath-Taking Price**

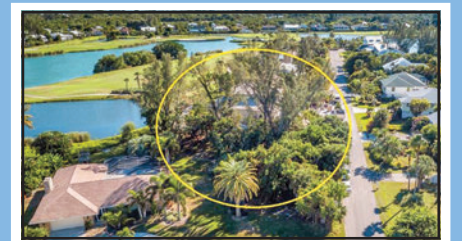
- Incredible Bay Views | Boat Lift & Dock | Gulf Access
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Tina DiCharia/Glen Simmons 472-5187 x 259

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Debbie Ringdahl 472-5187 x 269

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Teresa Baker 472-5187 x 220

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FRIDAY
Mostly Cloudy
High: 83 Low: 79



SATURDAY
Cloudy
High: 86 Low: 81



SUNDAY
Cloudy
High: 83 Low: 79



MONDAY
Mostly Cloudy
High: 85 Low: 81



TUESDAY
Mostly Sunny
High: 87 Low: 79



WEDNESDAY
Mostly Cloudy
High: 83 Low: 81



THURSDAY
Sunny
High: 84 Low: 80

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	3:07 am	10:37 am	6:00 pm	9:06 pm
Sat	3:47 am	11:40 am	None	None
Sun	4:37 am	12:55 pm	None	None
Mon	5:45 am	2:14 pm	10:56 pm	None
Tue	7:21 am	12:53 am	11:15 pm	3:25 pm
Wed	9:07 am	2:57 am	11:36 pm	4:23 pm
Thu	10:35 am	4:15 am	11:57 pm	5:11 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	2:12 am	10:39 am	5:05 pm	9:08 pm
Sat	2:52 am	11:42 am	None	None
Sun	3:42 am	12:57 pm	None	None
Mon	4:50 am	2:16 pm	10:01 pm	None
Tue	6:26 am	12:55 am	10:20 pm	3:27 pm
Wed	8:12 am	2:59 am	10:41 pm	4:25 pm
Thu	9:40 am	4:17 am	11:02 pm	5:13 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	3:05 am	10:55 am	5:31 pm	10:19 pm
Sat	3:44 am	11:36 am	6:20 pm	10:43 pm
Sun	4:29 am	12:30 pm	7:16 pm	11:11 pm
Mon	5:19 am	1:48 pm	8:19 pm	11:49 pm
Tue	6:19 am	3:02 pm	9:22 pm	None
Wed	8:04 am	2:33 am	10:27 pm	4:06 pm
Thu	10:15 am	4:07 am	11:24 pm	5:07 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	5:17 am	1:53 pm	8:10 pm	None
Sat	5:57 am	12:22 am	None	2:56 pm
Sun	6:47 am	4:11 pm	None	None
Mon	7:55 am	5:30 pm	None	None
Tue	1:06 am	4:09 am	9:31 am	6:41 pm
Wed	1:25 am	6:13 am	11:17 am	7:39 pm
Thu	1:46 am	7:31 am	12:45 pm	8:27 pm

Island Seniors At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.



Donations Needed For Trash & Treasures Sale – Island Seniors, Inc. is looking for donations of clean, gently used items for the fall Trash & Treasures Sale, to be held on Saturday, November 9 from 9 a.m. to 2 p.m.

Priced items at the center are available for purchase. All proceeds help support programs at the center. Donations are tax deductible and you can drop them off at the center Monday through Friday between 8 a.m. and 3 p.m. Books, clothing, shoes, computers or old TVs are not accepted. If you have any questions, call 472-5743.

Kayaking on Tuesdays – October 22, November 5, 12, 19 and 26 at 8:30 a.m., weather permitting. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration required.

Gelli Printing with Bea Pappas – Fridays, October 18 and 25, 12:30 to 3:30 p.m. Cost is \$20 for members and \$25 for non-members.

Choose mono type or make papers for collage use. Beginners welcome. Supplies needed: paper towels, acrylic paints, water

container, one-inch brush. The instructor will provide all other supplies.

Page Turners with Louise Fitzgerald & Ann Hartman – If you are not on the Page Turners list and wish to be, email oceann@comcast.net or contact the center.

The featured book for Wednesday, November 13 is *Where the Crawdads Sing* by Delia Owens. Book discussion begins at 2:30 p.m.

“The novel’s main narrative opens in the marshland near the well, leaving only Kya and Pa. Pa spends increasingly more time away from the shack over the years, and when Kya is about ten years old, Pa leaves forever. Kya has become thoroughly self-sufficient by this time, living on the land and occasionally trading in town for necessary supplies.”

– BookRags.com

Line Dancing Classes – Tuesdays, October 22 and 29 at 1:30 p.m. Cost is \$2.50 for members and \$5 for non-members.

The instructor will review dance steps then turn up the music. Bring a friend for a fun-filled afternoon. Advance registration is not required.

Pancakes with Pals at Rosie’s Café & Grill – Friday, October 25.

The Pancakes with Pals group will be meeting for breakfast at different locations on the island. Separate checks will be provided. Advance registration required as seating is limited. Carpool arrangements for transportation.

Veterans Tribute Sunset Social on the Causeway – Thursday, November 7 at 4:30 p.m. (weather permitting). Complimentary for members and \$5 for non-members.

Spend an evening relaxing and watching the sunset with friends. Food will be served at 5 p.m. Bring your beach chair. This event is sponsored by

Comfort Keepers. Call 472-5743 if you are interested in participating and for directions to the viewing area.

AARP Driver Safety Course – Thursdays, November 12 and 19, 1 to 4 p.m.

Island Seniors, Inc. is sponsoring the AARP Smart Driver Course. This is a fast-paced, interactive six-hour class for drivers ages 50 and older to learn proven safety strategies, rules of the road, how to deal with aggressive drivers and other tips to help you maintain confidence in your driving. Attendees will be eligible for a discount on their auto insurance.

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at 12:30 p.m. Game begins at 1 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.

Fitness Classes – Island Seniors, Inc. members pay \$4.10 per class, visitors pay \$10.25 per class. Island Seniors, Inc. annual membership is \$20. Classes are included with Sanibel Recreation Center membership. You must show your Sanibel Recreation Center membership card to attend.

Fitness class schedule is as follows:

Cardio Combo – Monday, Wednesday and Friday at 8 a.m.

Keep your brain fit, and your heart, lungs and muscles strong. Hand weights, stretch cords, stability balls and your body weight will be used. The format is 30 minutes of cardio dance and 30 minutes of balance exercises, core strength, flexibility exercises and mat work.

50/50 Cardio Sculpt – Monday, Wednesday and Friday at 9:30 a.m.

This class includes cardio, muscle

strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

ISLAND SUN BUSINESS NEWSMAKERS



Sarah Ashton



Sheila Hammons

RE/MAX Of The Islands

The top producers at RE/MAX of the Islands for September were: Sarah Ashton, top listing marketer; and Sheila Hammons, most productive selling associate.*



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Superior Interiors

How To Decorate Around The Pool



by Marcia Feeney

The pool makes a lovely focal point in your backyard, especially during season. This spot is often the center of attention when guests come over, encouraging them

to make a splash and relax near the water. It's important to create a space that makes it easy for family and friends to get comfortable. The right furniture, accessories and decor can elevate your pool area to the next level, allowing you to create your own backyard oasis.

Beyond the pool, your guests will be most concerned with where they can relax after a nice swim. Provide various seating arrangements in the backyard to encourage family and friends to gather and converse, such as lounge chairs and sectional outdoor sofas. You can also hang a hammock between a few trees for those looking for some peace and quiet to themselves.

The party doesn't necessarily have to end when the sun goes down. If you want your guests to stick around for a while, hanging string lights around the patio space can encourage a late-night affair. You can also place citronella candles around the border of the patio area or deck to keep the mosquitos away. These small touches of light

will illuminate the space and give it a cool and intimate vibe on those warm summer nights.

When you need a break from the sun and don't want to go inside, a cabana saves the day. This space offers shade and privacy after a swim and makes a stylish resort-like statement in the backyard. For additional flare and seclusion, drape sheer window treatments over the sides.

What's a pool party without a couple of fresh seasonal cocktails – or mocktails – in hand? Wow your guests by dishing out customized drinks at your own outdoor bar. You can do something as simple as using a bar cart filled with cute beverage accessories, glasses and your favorite drinks, or you can go all out with a permanent liquor lounge under the cabana.

It's always easier to design an outdoor layout when you have a theme in mind. One easy outdoor option is beach style, decorating with soft blue, white and sandy neutrals. Or you can follow a modern outdoor theme with sleek lines and monochromatic decor. Once you have a theme, you may find it easier to pick out throw pillows, outdoor area rugs and tabletop accessories that make the space feel cozier and more inviting.

Decorating around the pool can be intimidating if it's never been an immediate concern of yours. If you need help updating your outdoor living arrangement before your next get-together, consider consulting with a design professional to provide insight that will cater to your wants and needs.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coincdecen.com.

Captiva Community Panel To Meet

The next meeting of the Captiva Community Panel is set for Tuesday, October 8 beginning at 9 a.m. in the Cone Rooms on Chadwicks Square at South Seas Island Resort. This meeting is open to all interested islanders and the public.

Among the agenda items will be updates on the iguana control program, the Andy Rosse beach access improvements, the Wastewater Committee research and the Captiva Drive walkway design; plus committee reports, panel nominations and updates from other island organizations.

Public participation is invited and encouraged. Information and background documents are available online at www.captivacommunitypanel.com.



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New Business Manager At Historical Village

The Sanibel Historical Museum & Village recently hired Rachel King of Sanibel as its new business manager. She will be responsible for all banking, vendor payments and payroll as well as all finance postings and reports.

King has experience with banking, payments, payroll, QuickBooks and reports as well as experience in administration. She also has the background to audit finance. She worked as a tax examiner for the Internal Revenue Service and in administrative management roles with the United States Air Force.

"We're thrilled to have Rachel on board," said Emilie Alfino, museum manager. "We were lucky to find someone with her wide-ranging experience. She is a pleasure to work with as well, and we look forward to getting to know her even better."

King can be reached at the historical village at 472-4648 or at rachel@sanibelmuseum.org.

"At the same time, the museum is sad to say goodbye to its former business manager, John Friedlund, who is retiring," Alfino added. "John did outstanding and excellent work for the museum for more than four years. We wish him the best of everything."

The Sanibel Historical Village is open



Rachel King photo provided

from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS).

The museum will remain open during the BIG ARTS construction project. The project will possibly continue through January, but parking and access for guests and volunteers will be available throughout that time. The traditional entrance to the village has been closed off for the construction and a new, temporary entrance has been made available down the road to the west at what was formerly the exit drive. That drive will now function as both an entrance and exit access. Signage has been added at both places.

For more information, call 472-4648 visit www.sanibelmuseum.org.

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Will Power

Your Family’s Story



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Howard Gardner, professor of education and psychology at Harvard University, writes many books on leadership and creativity. One book, *Leading Minds*, demonstrates how a leader can develop a mindset to pass on values to loved ones.

Gardner argues that what makes a leader is *the ability to tell a kind of story* – one that explains ourselves to ourselves and gives power and resonance to a collective vision. Churchill told the story of Britain’s indomitable courage in the fight for freedom. Kennedy inspired America’s innovative culture in its quest to send a man to the moon. Gandhi spoke about Indian dignity and

non-violent protest. And Martin Luther King Jr. told of how a great nation is racially equal.

Stories give a group a shared identity and sense of purpose. Philosopher Alasdair MacIntyre also emphasized the importance of narrative to the moral life. “Man,” he writes, “is, in his actions and practice as well as in his fictions, essentially a story-telling animal.” It is through narratives that we learn who we are and how we are called to behave. Take the Bible, for instance.

In Deuteronomy, Moses, when instructing the Israelites of their duties and responsibilities before entering the Promised Land, warns the people no less than 14 times *not to forget*. If they forget the past, they will lose their identity and sense of direction and disaster will follow. Not only are the people commanded to remember, but they are also commanded to hand that memory on to their children.

You may find it interesting to note that there is no biblical Hebrew word for history. The closest equivalent is *divrei hayamim*, “chronicles.” Deuteronomy uses the root *zachor*, meaning memory.

History refers to others who acted before us. Memory invokes our own involvement in the story. Biblical Hebrew, therefore, asserts that believers collectively *participated in the story*. Jewish families who read the Passover Haggadah are familiar with this concept through one of the passages. In the passage, a wicked son does not consider himself part of the story and is admonished accordingly. “God brought us forth from Egypt,” he is told.

The greatest of leaders therefore create a collective memory so that the entire group feels like a part of the historical narrative. You can still see the power of this biblical idea today. If you visit the Washington, DC presidential memorials, you will see that each one carries an inscription taken from their words: Jefferson’s “We hold these truths to be self-evident...” Roosevelt’s “The only thing we have to fear is fear itself.” Lincoln’s Gettysburg address “With malice toward none; with charity for all...” Each memorial tells a story.

In contrast, many London monuments have no narrative, no inscription, simply a name – like Churchill. England does not have the same kind of sweeping national narrative because it is largely based not on a covenant but on hierarchy and tradition.

So how do we apply these lessons to your family and loved ones? What made you into the you you are now? What are your family’s covenants, the principals and attributes that you believe most important? How can we fashion a system to pass these values down to future generation?

So many of my clients, when discussing their estate plans, voice a common concern: “I don’t want my wealth to somehow weaken my children’s drive and ambition.”

This concern has merit. The old saying, “shirt-sleeves to shirt-sleeves in three generations” is found in many different cultures. In Japan, the expression goes, “rice paddies to rice paddies in three generations.” The Scottish say, “The father buys, the son builds, the grandchild sells, and his son begs.”

Family wealth can only survive through a family narrative, passed down from generation to generation. Each generation needs to feel like a part of the original narrative and have an obligation to continue its journey. I believe that we can amend our estate plans to tell our stories and build our narrative for all our loved ones.

Here, I intentionally broaden the definition of wealth. One need not be monetarily wealthy to have those things most important in life, including dignity, respect, honesty, friendship and loyalty.

Why not include, on the opening pages of a will or trust then, how your family’s wealth was acquired? Describe the trials and tribulations it took to accumulate and distribute this inheritance, and what you hope subsequent generations will not only understand but build upon. Enunciate your family’s core covenants. Build your legacy.

It’s always best to discuss these important topics with your loved ones during life. Memorializing your family legacy, however, can certainly be accomplished in your estate planning documents. I’m working on a way to systemize this process in the coming months as part of our unique process, The Family Estate & Legacy Program.

In the meantime, my suggestion for those of you who this speaks to, is to take the time to write down your thoughts. You probably recall important lessons that your parents and grandparents taught you, probably using a story. Don’t let those valuable insights die with you!

A true leader tells the family story to pass on a shared sense of value and purpose. The families that prosper tend to be the ones that, from generation to generation, become part of a shared narrative. How are you going to create that narrative for your family?

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From left, Sarah Brent, Mary Bondurant, Valerie Tutor, Phaidra McDermott, Fred Bondurant, Kate Stone, Kara Cuscaden, Lisa Lauther, Bill Tomlinson, Brooke Brownyard, Robyn Moran and Tommy Wiley photo provided

Kingfisher Real Estate and its associates made their most recent donation of \$1,500 to Sanibel-Captiva Conservation Foundation (SCCF) to further assist with the foundation’s efforts to protect the waterways and delicate ecosystems on the islands.✧

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Kiwanis Club Sponsors Race

The Sanibel-Captiva Kiwanis Club returns as a gold sponsor of the 11th annual 10K Race 4 FISH, scheduled for Saturday, October 26 at The Community House.

“The Kiwanis Club and foundation are delighted to partner with FISH in lending a helping hand to our island youth,” said Kiwanis President Aaron Pruss. “Club members have been dedicated to providing all youth with an array of educational opportunities for many years.”

Kiwanis uses its sizable charity budget to give local children educational opportunities through \$150,000 in grants annually. The club administers scholarships from preschoolers at Children’s Education Center of the Islands (CECI) to post-secondary students. Scholarship funds are also provided for youth at Sanibel Sea School and The Sanibel School.

The club administers funding for an array of youth programs at island organizations, from Bailey-Matthews National Shell Museum to Sanibel Public Library. Fourth and fifth grade students are able to experience a performance by the Southwest Florida Symphony thanks to the Kiwanis and its foundation.

“We, as a club, empower children of all ages to make an impact through service and leadership,” said Pruss. “Kiwanis supports our youngest of neighbors, so that we may build a better community.”

Neighbors helping neighbors is the foundation upon which FISH has been built for the past three decades. Individuals



The Sanibel-Captiva Kiwanis Club supports the 11th annual 10K Race 4 FISH as a gold sponsor

photo provided

served by the organization in 2018 increased by 46 percent, making it a record-breaking year. FISH programs for children include the weekend food backpack designed to provide young ones with food throughout the year, as well as educational and summer camp scholarships and tutoring.

“We are grateful for the generous support of Kiwanis Club members and its foundation,” said race committee co-chair

Diane Cortese. “They are good neighbors who care about our young people and the future of our community. We are pleased to have Kiwanis return as a gold sponsor of the 10K race.”

The Kiwanis Club, a group of more than 100 members, meets over breakfast on Tuesday mornings at The Dunes Golf & Tennis Club, located at 949 Sand Castle Road.

The 10K Race 4 FISH will start and

finish at The Community House. This year’s race will feature a kids run at Sanibel Community Park for ages 10 and under. It is free of charge, but registration is required.

Registration is open at www.ftmyerstrackclub.com or print an entry form at www.fishofsancap.org. Cost is \$40 for those who register before October 20, \$45 from October 21 to 25, and \$50 on race day.✱

ISLAND SUN BUSINESS NEWSMAKERS

VIP Realty Group

The top producers for September at VIP Realty Group were the team of Teresa Baker and Glenn Carretta, top sales; and the team of Kit and Lynda Traverso, top listings and top producers.✱



Teresa Baker and Glenn Carretta



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Records, Ranking, Resilience, 'Rongs



by Howard Prager

Four new records were set last weekend. A new unofficial world marathon record was set last Saturday as 34-year old Eliud Kipchoge of Kenya ran the Vienna marathon in under two hours! I can't even fathom the times these elite marathon runners are setting, can you? The speed, endurance, stamina, and ability is in a class by itself. My daughter Hillary just completed a half marathon in just under two hours which is 13.1 miles. She was in the top 15 percent of finishers. Eliud completed a full marathon – 26.2 miles – in that same time. Now for the other record-breakers, all young women. Let's start with the Chicago Marathon where Brigid Kosgei of Kenya won for the second consecutive year while breaking a 16-year women's record by over 81 seconds. She finished in 2 hours, 14 minutes. Remember 15-year old Floridian Coco Gauff who stunned others at Grand Slam tournaments this summer? She became the youngest pro tennis champion in 15 years in a tournament in Linz, Austria. And, last but not least, we have gymnast Simone Biles. She set the gymnastics record with her 24th and 25th gold medals to become the greatest gymnast of all time, male or female. Remarkable. If anything we are seeing in sports today, it's that records will continue to be set in ways we long thought were unimaginable.

No. 3 ranked Georgia lost to unranked South Carolina at home in double overtime last Saturday. This year especially, there hasn't been a lot of movement by the top 10 teams. They are expected to win, and even though it could be rough (Notre Dame Saturday night), they do win. It won't be until the end of the season when the conference and marquee matchups

happen that there may be some shifting around. Yet this Gamecock team took the Bulldogs to the mat and came out on top through great defense and good field goal kicking.

Speaking of ranking, look over at the National League playoffs and how wild card team Washington Nationals are taking it to the Cardinals with some stellar pitching to lead off this series. Two nights in a row their starters threw no hitters into the sixth and seventh innings and combined for 21-plus scoreless innings to start the first three games. They say pitching takes you through the series, so if you root for the underdog, Washington is your team this year.

Resilience also takes you through, and my hats off to the Tampa Bay Rays. Houston is still favored to go all the way to the World Series, and were up two games to none when Tampa Bay fought back, won two games at home and forced a game 5. Sure the Astros won, but the Rays can hold their heads high – they didn't succumb to stats or stories – they pushed all the way.

Earlier this baseball season, I shared a touching story about the Angels players' remembrance and tribute to teammate Tyler Skaggs, after an alleged drug overdose took his life. Now we are starting to learn that an employee in the Angels provided opioids to Skaggs and used them with the pitcher for years. This employee also told the Drug Enforcement Agency that he believed other Angels players used opioids and supposedly the team knew about it. I can't believe this is only a problem with the Angels, and think that just like the performance-enhancing drugs era, this is just the lid on a much greater problem in baseball and perhaps other professional sports with addiction and overuse of pain killers. I am a firm believer that records by athletes who use drugs should not be allowed. So, is it truly a juiced ball, or is there something else juiced? Lots more to discover.

Let's end on an up note. The ability to attend a sports event should not be banned or restricted on the basis of sex. And yet for nearly four decades, Iranian women could not attend a FIFA soccer game. They

finally were allowed to do so last week. Thousands showed up, sitting far apart from the men, and dressed colorfully in country colors and face paint and blowing air horns. I do believe men and women around the world should freely be able to cheer on the teams that they care about.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.

located at 949 Sand Castle Road on Sanibel.✱

Chronic Pain Workshops

Lee Health will hold a free six-week workshop, entitled Chronic Pain Self-Management, at the Healthy Life Center Coconut Point on Tuesdays beginning October 22 from 1 to 3 p.m. The research-based program developed by Stanford University will help participants become empowered to improve their quality of life.

Learn how to more easily manage your medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

The Healthy Life Center Coconut Point is located at 23450 Via Coconut Point in Estero. Seating is limited and registration is required. Call 343-9264 for more information.✱

Kiwanis Charity Golf Tournament

The Sanibel-Captiva Kiwanis Club will hold its 2nd annual Crush it Fore the Kids golf tournament fundraiser this Saturday, October 19 at The Dunes Golf & Tennis Club. Golfers will tee off at 9 a.m. to help raise funds for college scholarships.

For more information or to register a team, call Pfeifer Realty Group at 472-0004.

The Dunes Golf & Tennis Club is

SPORTS QUIZ

1. Who holds the major-league record for most times caught stealing in a season?
2. In 2018, Cleveland's Corey Kluber set a franchise record for consecutive starts without allowing more than three earned runs (22). Who had held the team mark?
3. Which franchise recorded the biggest comeback by a road team to win a playoff game in NFL history?
4. Purdue's Carsen Edwards set a men's basketball record in 2019 for most 3-pointers in one NCAA Tournament (28). Who had held the record?
5. Who is the all-time leading U.S. scorer at the men's Ice Hockey World Championship?
6. Name the last French driver before Simon Pagenaud in 2019 to win the Indianapolis 500.
7. In 2019, Barbora Strycova became the oldest first-time women's Grand Slam semifinalist in the Open Era of tennis (age 33). Who had been the oldest?

ANSWERS

2015.
1. Rickey Henderson, with 42 in 1982 (when he also successfully stole 130 bases). 2. Sonny Siebert, with 21 games in 1965. 3. The Detroit Lions came back from 20 points down to beat the San Francisco 49ers in 1957. 4. Michigan's Glen Rice had 27 in 1989. 5. Patrick Kane, with 42 points. 6. Rene Thomas, in 1914. 7. Roberta Vinci was 32 when she reached the U.S. Open semifinals in

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RICK ZURBRIGGEN
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CROW Director Presents Research On Red Tide

The Clinic for the Rehabilitation of Wildlife (CROW) Medical and Research Director Dr. Heather Barron recently presented a research talk and two masterclasses at ExoticsCon, a conference for veterinary professionals, held from September 29 to October 3 in St. Louis, Missouri.

The research talk, titled Use of Intravenous Lipid Emulsion Therapy as a Novel Treatment for Brevetoxicosis in Double-crested Cormorants (*Phalacrocorax auritus*), centered around CROW's research which showed that an intravenous lipid emulsion (ILE) solution was a safe and effective treatment for brevetoxicosis, or red tide poisoning. Birds who were given the ILE treatment resulted in a survival rate that was significantly higher with more rapid resolution of clinical symptoms compared to birds who received traditional methods of treatment.

"Sanibel is a bit of an epicenter for red tides and CROW sees patients affected by it every year," said Dr. Barron. "That gives us a unique opportunity to have this be an area of research focus and learn ways to better treat wildlife affected by it."

Dr. Barron and the other researchers collaborating on the study, which was funded by NOAA's National Centers for Coastal Ocean Science (NCCOS) Harmful Algal Bloom Event Response Program and the Association of Avian Veterinarians (AAV), have yet to publish the full findings, but hope to do so soon.

In addition to presenting CROW's red tide research, Dr. Barron also presented two masterclass sessions. She presented Floods, Fires, Spills and Blooms – The Avian Practitioner and Natural Disasters with Dr. Michelle Hawkins and Avian Wound Management with Dr. Rebecca Duerr from International Bird Rescue in California.

The research talk and both masterclass sessions were sponsored by Lafeber Company and Emerald, LLC.*

Progressive Club Welcome Back Potluck Supper

On Thursday, October 24, the Progressive Club of the Islands will host a Welcome Back Potluck Supper at The Community House, located at 2173 Periwinkle Way on Sanibel. This annual event is held to renew old friendships and welcome new ones. The meeting is free and everyone interested in progressive politics is invited to attend.

Entrée meats and beverages will be provided by the club. Attendees are asked to bring a dish to share. BYOB for those who have a preferred drink. Supper begins at 6 p.m.

The potluck will feature a short discussion of the current state of the waters surrounding the islands, presented

by Dr. Ryan Orgera, CEO of Sanibel-Captiva Conservation Foundation (SCCF). There will be information available on a variety of topics covered at previous meetings as well as issues that may be on the 2020 ballot. Speakers and topics for upcoming membership meetings will be announced.

The Progressive Club of the Islands was formed to strengthen and advance progressive ideas and principles; to engage in campaigns promoting environmental and social justice issues as they impact the island; to support Democratic candidates for office as well as others who advocate progressive ideals. To join the club or renew your membership, dues of \$30 per person or \$60 per couple are now payable to PCI

for the 2019-20 year. You may bring your check to the October 24 meeting, or mail it to PCI, P.O. Box 898, Sanibel, FL 33957. For more information, email pcisancap@gmail.com or call 994-3175.*

Free Meditation, Yoga On Captiva

Dr. Brian Healy of Captiva Massage & Wellness will be offering free classes in yoga and meditation on Captiva. Classes are beginner friendly and will be offered on Wednesday and Friday evenings from 6 to 7 p.m. at Captiva Massage & Wellness, located at 11513 Andy Rosse Lane, Unit 3. This four-week

series of classes will run through Friday, November 8. Additional classes will be announced in November.

The classes are open to all levels. Participants should bring a yoga mat and a cushion to sit on. A limited number of chairs will be available. To reserve your spot, register online at www.secure-booker.com/captiva/ClassSchedule/ClassSchedule.aspx.

Dr. Healy is a Florida licensed, nationally board certified acupuncture physician and doctor of Oriental medicine, and a Florida and New York state licensed massage therapist with experience in integrated medicine, having been a medical massage therapist for 25 years and a certified Kripalu yoga and meditation teacher for 30 years.*



Bank Of The Islands **Edison NATIONAL BANK**

VOLUNTEER REGISTRATION for Special Events

CROW greatly appreciates the time and talent of our wonderful volunteers during the past 50 years! Join us to make CROW's signature event- **Taste of the Islands** - the best ever!

Please return this form by **OCTOBER 18** to Volunteers@CROWClinic.org Coordinator is Pam Stoike 239-472-3644 #229. Or you can send the form by **FAX** to 239-472-2334 or by **MAIL** to CROW, P.O. Box 150, Sanibel, FL 33957.

Positions include: Entrances, Admission, Food & Beverage Ticket Sales, Periwinkle Crossing, Beverages, Recycling, Rovers (ice delivery, garbage), and Parking. **Those who join us get a Volunteer t-shirt, free admission, and our appreciation!**

Taste of the Islands is Sunday, Nov. 10, 2019 Noon to 5:00 PM at Sanibel Community Park

Please complete ALL fields

Name (print) LAST _____ First _____

Address _____ City _____ ST _____ Zip _____

Email _____ Phone () _____ home? Cell? _____

T-shirt size _____ (S – 3X) Over 21? Y N Position Choice 1) _____ 2) _____

Preferred 3-hour shift at Event: ☐ #1 – 11:30am–2:30 ☐ #2 – 2:15pm–5:15pm The overlap is for smooth shift change.
AND
SET-UP: ☐ Saturday afternoon from 2pm – 5pm - or - ☐ Sunday morning from 8am – 12:00pm

I understand that volunteer services will be provided to the Clinic for the Rehabilitation of Wildlife (CROW) with no monetary or material compensation. Volunteers are not considered employees of CROW, and as such are not covered by Workers' Compensation. Volunteers are held to the same high standard of conduct as employees and other rules and regulations as stated in the Volunteer Handbook.

ACKNOWLEDGEMENT AND RELEASE OF LIABILITY

- THE UNDERSIGNED, in consideration of benefits received from working at CROW, Inc. as a volunteer and for other good and valuable consideration, receipt and sufficiency of which is acknowledged, does hereby for themselves, their heirs and personal representatives, release and discharge of CROW, Inc. board of directors, officers and members and each of them from all liability for loss, injury or damage arising from injury to the person, property or resulting in death of the undersigned, whether caused by negligence or otherwise while engaged in any activity whatsoever in relation to CROW, its officers, directors and members.
- THE UNDERSIGNED further assumes all responsibility for and risk of bodily injury, death, property damage or otherwise while working for and on behalf of CROW.
- THE UNDERSIGNED does, for themselves, their executors, administrators, heirs and assigns, release and forever discharge CROW, Inc., its officers, directors and members, together with their heirs, administrators; executors and assigns, from any and every claim, demand, action or right of action, of whatsoever nature, either in law or in equity, arising from or by reason of any bodily injury death and/or property damage resulting from any acts or incidents which may occur as a result of the undersigned's participation in any activities of any nature whatsoever associated with CROW, Inc.

Signature _____ Printed Name _____ Date _____

PLEASE BIKE to the event or Park your car in the designated Volunteer Lot at Center4Life and Shuttle
******* We cannot guarantee the volunteer position you list ******
We will contact you prior to 11-10 with your assignment.
T-shirt and packet pick-up at CROW will be Mon Oct 28 and Thurs Oct 31 from 2pm-5:30pm each day.
For more information about CROW, or the 38th Taste of the Islands, visit www.CROWClinic.org

Doctor and Dietician

Do You Take The Purple Pill?



by Ross Hauser, MD
and Marion Hauser, MS, RD

Recently a commonly used over-the-counter antacid Ranitidine (Zantac) was pulled due to a probable increased risk of cancer from low levels of NDMA, an environmental contaminant found in the drug.

Let's get to the underlying cause of heartburn (GERD), dyspepsia and other GI disturbances. These drugs were to be used short-term. Thus, lifestyle changes are a better way to tackle the issue.

We need hydrochloric acid to start the digestion of our foods, thus blocking it completely with a drug is not good for our GI tracts, that's for darn sure!

Heartburn may be triggered by spicy, fatty or acidic foods, thus observe its occurrence. Pressure on the abdomen may increase heartburn, so wear

looser-fitting pants and sit up straight when eating. And, do not recline immediately after eating so that you do not put so much pressure on your lower esophageal sphincter, which is the ring of muscle that helps stop stomach acid from rising into your esophagus. Maintain a healthy weight and do not overeat. Smaller more frequent meals will help reduce GERD symptoms.

Take probiotics, as poor gut flora may be contributing to GI disturbances, especially if you have been recently treated with antibiotics. Alcohol, coffee, citrus juice and carbonated beverages may also increase GERD symptoms. Some studies have shown that home remedies such as sipping diluted apple cider vinegar after meals, taking licorice root (DGL), or ginger may help relieve symptoms. Sometimes digestive enzyme supplements are needed to help process food. Enzymes are naturally occurring in live foods. However, the enzymatic action has been halted due to the food processing industry wanting to increase shelf-life. Consequently, much of the food we consume, even fresh, is "dead" – thus another reason to eat fresh organic foods. Time to dump the purple pill. Cheers!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✧

Beautifulife:

Pass The Ball

by Kay Casperson



My youngest daughter loves to stay active and usually gets involved with whatever sports she can. This year, she played on The Sanibel School girls basketball team,

which was her first real participation in that sport. She picked it up pretty quickly and learned quite a few great lessons about the game, but one thing, in particular, stood out for me. Passing the ball in this game is very important, as well as who you give the ball to. If you keep the ball to yourself and try to do it all, in most cases, you will be blocked or stopped in your tracks.

Of course, this rule applies to many sports, but when your child is participating in something, you pay a bit more attention to it so you can support them along the way. So, while realizing the importance of this simple rule of passing the ball in this game, I also started to think about the importance of "passing the ball" in other aspects of our lives.

I know for sure that many of you are like me and want to take on so many things at one time. It is not always easy to say no or to juggle all the different aspects of life seamlessly. So, instead of trying to take on the world yourself and end up dropping a few balls, why not pass one or two of them to others once in a while so you can feel like a winner more often?

What does it mean to pass the ball? Let me give you a few examples and suggestions:

You are spending too much time on things for your business that you know someone else could do. Add an extra job or two to another team member or sub it out, so you can focus

on the essential things that will make a difference.

You are driving too much because your kids and family rely on you to get them places. Why not pay someone to help out with the driving? If you calculate the amount of time you spent away from other things and the expenses to get there, you may find out that it can even save you money.

Your house and yard responsibilities are taking up a significant amount of your daily and weekly time, and you never feel like you get it all done. There are people that can help either once a month, once a week, or even daily if you need them, and are focused on that particular task and are well worth the investment.

You are a chairperson or committee member for a nonprofit organization, and you are feeling overwhelmed with making all the decisions and meeting deadlines. Take some time to reach out to others who would be a good fit for your organization and ask for help. Sometimes people need an extra nudge to get involved, but are willing to jump in if asked a few times.

Regardless of what ball needs to be passed at any given day, you can bet there is one, and you can either keep it, try to juggle it, risk losing it or ultimately pass it to someone else. It is not possible to win at this game called life all by yourself, and learning to "pass the ball" is an essential step in moving towards having your most balanced and beautiful life.

My affirmation for you this week is:

"I will take a look at the various aspects of my life to see which balls I can pass on to others to help me stay focused, be productive and accomplish all that I set out to do."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✧

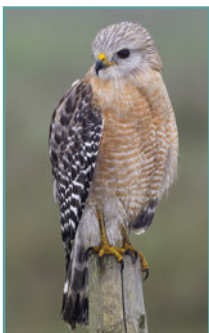
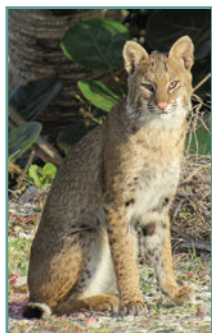
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Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to NOT use these rat poisons:

• brodifacoum • bromailone • difenacoum • difethialone

Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



SCCF 472-2329 • www.SCCF.org

Free Program On Medicare Updates

FISH of SanCap, along with Area Agency on Aging for SWFL and SHINE (Serving Health Insurance Needs of Elders), is offering a presentation titled Medicare 101 and Updates. The program will be held at two separate times and locations, as follows:

Monday, October 28 from 10 to 11:30 a.m. at Captiva Civic Association, located at 11550 Chapin Lane on Captiva

Monday, October 28 from 1 to 2:30 p.m. at Sanibel Congregational Church, located at 2050 Periwinkle Way on Sanibel

The discussion, presented by Pat

Archambault of SHINE, will provide participants with information to help make informed decisions about Medicare coverage and costs.

"This is an opportunity for individuals to ask questions they may have for the upcoming open Medicare enrollment period, which begins each year on October 15," said Kathy Y. Monroe of FISH. "Persons approaching Medicare age, wanting to change their current Medicare plan, and/or those interested in obtaining 2020 Medicare updates will directly benefit from this presentation."

For more information, contact Kathy Y. Monroe or Anthony Morales at 472-4775. This program is a courtesy of the Area Agency on Aging for SWFL. For more information, visit www.AAASWFL.org. To contact the SHINE program and for additional assistance, call the Elder Helpline at 1-866-413-5337.✧

dearRPharmacist

What To Avoid Prior To Surgery And Lab Tests



by Suzy Cohen, RPh

Dear Readers: I recently wrote about some impressive tests that you can self-order, thus taking the headache out of getting lab tests. But what about the important instructions that come

with some lab tests, and what are the best instructions to follow if you have a surgery scheduled.

The most common inquiry is this:

Do I really need to stop all my medications before this test? – This question isn't easy to answer because some medications are needed for comfort and well-being. For example, what if you are reliant on your morning pill for acid reflux? You can safely stop it abruptly, but, if you don't take it, you will be very uncomfortable. Another example is with analgesics like tramadol, oxycodone and morphine. You can't just suddenly stop those or you'll slip into withdrawal pretty quickly! Ask if you're allowed to take those two the morning of your procedure.

You also cannot suddenly stop an anti-depressant or anti-epileptic drug. These and many other medications all require slow tapering to get off. If you suddenly discontinue certain drugs, then you could encounter dangerous withdrawal symptoms, even seizures. I can see why this question comes up a lot for patients. Ask well before your surgery so you don't have to reschedule due to this type of oversight.

Blood thinners are the most dangerous ones to remain on if you're having surgery, or some procedure that requires an IV drip or a blood draw, like a colonoscopy for example. You do not want your blood to be super thin when you go in for these procedures or the bleeding could become profuse or internalized. So, for sure, you do not want to be on blood thinning drugs for at least three days prior to some tests:

Anticoagulants include Warfarin (Coumadin), Enoxaparin, Clopidogrel, Ticlopidine, Aspirin, Ibuprofen and other NSAIDs, and Dipyridamole.

Another category of medications that people don't usually warn about, but I feel should be included in this conversation, are those drugs that slow down your heart rate. My reasoning is that anesthesia also slows down your heart rate and the combo could lead to severe bradycardia. I'm referring to "beta" and "calcium" channel blockers.

Another important question is, "Should I really stop eating and drinking before a test?" – The blanket answer is yes. If the facility or hospital puts that request on your instruction sheet, you should follow it. Eating and drinking too close to surgery could force a reschedule of the surgery. The worry is aspiration.

As for other tests, it becomes less clear. For example, if you are scheduled to have a pelvic ultrasound to see your cervix or ovaries, I'm not sure why food would be a problem. And likewise, I do not understand the need for "no food or drink" if you're having a thyroid blood test. You probably should eat before that type of test; the results will be more realistic.

There are certain things that you should not take or eat before a urine test. The list is very long, but generally speaking, avoid beets, coffee, caffeinated tea and B vitamins. For a much longer version of this article, sign up for my free newsletter at www.suzycohen.com, and I'll send you the comprehensive article by email.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays from 5 to 6 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way. ✨

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I just moved from a small town to the city, and I am searching for a job in my career field. I am getting anxious, letting fear and doubt creep in. What would you suggest?

A: Moving is in itself a big stressor. Give yourself credit for having the courage to make this brave move. I hope that you have found a place to live that you like and feel good about.

Next, as you settle in, make a list of what you want to do each day with exploring job opportunities. Perhaps you can get your portfolio resume sent to some companies you have an interest in working for. Become familiar with your surroundings and find out if there are some organizations you can join to begin to meet new people. Perhaps you can find something to become a part of that is related to your career field.

If you have a friend or acquaintances in the city, contact them and make arrangements to connect. It's important

to get connected with people and organizations with whom you feel a connection with.

For instance, if you like working out at a fitness center, explore a few and get a feel for one that suits you and if they have the classes you are interested in.

Make a list of potential work settings you are interested in and write them down and see yourself having an interview with them. Visualize what you really want and act as if it has already manifested.

There is also a lot of power in putting the pen to the paper and writing down what you want to create. Be specific with the job setting and other things you are seeking to do in your new location.

This can help you overcome your fear and doubt in addition to building your self-esteem. Open up to all of the possibilities in store for you and be patient. Set a goal of when you would like to begin the new job and take the action steps to get there. Take each day and be in the present. This will keep your anxiety at bay. Be realistic with your expectations, and you will be on your way to achieving your goals.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com. ✨

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VAGUS NERVE FUNCTION
TUESDAY, DEC 3 | 2-4PM

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Dr. Hauser will cover both basic and in-depth information about these conditions and how Prolotherapy is used for resolving them, with research and information from his upcoming book *Joint Instability: The Missing Diagnosis*. Send your questions in live via Facebook, or email them ahead of time to DrHauser@CaringMedical.com.

Island Sun

NEWSPAPER
Sanibel & Captiva Islands
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Emergency	911
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On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc . . .	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
FISH OF SANCAP Neighbors Helping Neighbors	472-4775
FISH. OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub
Sanibel Youth Soccer	www.sanibelsoccer.org
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Scarlet And Brutus



Scarlet ID# A793288

Hello, my name is Scarlet. I am a 1-year-old female domestic shorthair who is a sweet tabby that is quite shy at first, but will snuggle right up to you once I am out of my hut. I like other cats and kittens, so a home with other felines would suit me well as it will bring me out of my shell. And with the adopt one, get a feline friend at no additional charge, I am a great pick. My picture does not do me justice. My coat coloring is very unique.

My adoption fee is \$10 with an adopt one, get a feline friend at no additional charge.

Hi, I'm Brutus. I am a 5-year-old male mastiff mix who is quite the handsome fellow and, of course, quite photogenic. I will pose for a photo at the drop of a hat. Volunteers think I was a model in my former life. I know how to strike a pose like



Brutus ID# A791257

there's nothing to it. Don't let my size fool you, I am quite laid back and am more of a Netflix and chill on a Saturday night kind of guy.

My adoption fee is \$40.

October is 'Adopt a Shelter Dog Month' which makes it the perfect opportunity to celebrate and adopt a shelter dog. Animal Services along with the American Society for the Prevention of Cruelty to Animals (ASPCA) will celebrate along with adopters using the hashtag Dogtober on social media. This is another great way to show the adoptable pets available at area shelters.

Adoption fees will be reduced on all dogs 6 months of age and older to just \$40 for the entire month of October. Cats and kittens are just \$10.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.*

Haven on Earth Animal League

Baby Grey And Peloton

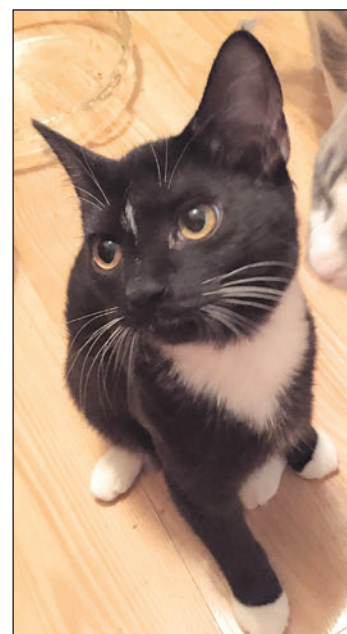


Baby Grey

Hi There! We are Baby Grey and Peloton. While we aren't biological siblings, we've spent our entire lives together, so we would really like to get adopted together. Baby Grey is a 5-month-old male and Peloton is a 4-month-old female. We've been neutered and spayed and have all of our vaccinations. We are very playful and sweet.

Baby Grey likes to give kisses, and will cuddle and sleep with you -- just like a human child. Baby Grey needs a lot of attention and really needs to

have another kitty around to help keep him company and play with him. Peloton is very easy going. Baby Grey has extremely soft fur and feels like a marshmallow, while little Peloton is sleek and shiny. Peloton has a white tip at the end of her tail. Baby Grey is a little timid at first, but with a gentle touch, he warms up quickly. He is still learning not to chew on fingers, so he would do best in a home without small children.



Peloton

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.*

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PUZZLES

Answers on page 55

Super Crossword

TENDER UNION

- ACROSS
- 1 Like history

5 Apt. divisions

8 — -Lorraine, France

14 Flatten, informally

19 Long (for)

20 Have an onstage role

21 Coal miners

22 Succinct and meaningful

23 Start of a riddle

26 Victorious

27 Here-there link

28 Skilled forger

29 Largest city in Norway

30 "That's a new — mel"

31 Party mixers

33 Riddle, part 2

37 I-5, e.g.

39 Hat material

40 Adz relatives

41 Big name in razors

44 JVC or Hitachi rival

46 Collection of maps

50 Trailers, e.g.

54 Riddle, part 3

58 Hit the bottle

59 Giant

60 Rink legend Bobby

61 Six-sided state
- 62 Do the dishes?

63 Relating to a heart part

65 Got 100% on, as a test

68 "Eso —" (Paul Anka hit)

70 Eye, to a bard

71 Riddle, part 4

76 One may cry "Foul!"

77 Tiki or Baal

78 "I came," to Caesar

79 Gives the most votes

81 Celestial hunter

83 Wish

85 Crunches tone them

88 Very angry

89 Island of Alaska

90 Riddle, part 5

94 Cosa — (Mafia affiliate)

96 Coats with element #30

97 Nation north of Mex.

98 "Porgy and —"

99 Shop draw

101 Hamster holder

103 Follower of chi
- 105 End of the riddle

112 Pastry bag filler

116 Painter

117 Nastase of the court

118 Saudi and Iraqi

120 By means of

121 Bowed

122 Riddle's answer

126 Ordinary

127 Sulky

128 Short history

129 Ex-Dodger

130 Insolvent

131 "Knocked Up" director

132 Stitch (up)

133 Funeral heap
- 8 Boorish sort

9 Driving req.

10 Got to one's feet

11 Something not to be missed

12 Viola's kin

13 Witch on "Bewitched"

14 One doing a parody

15 St. Paul site

16 Give voice to

17 Bamboo unit

18 Sleep: Prefix

24 Hushed

25 Elisabeth of "CSI"

32 Semitic language

34 Smelting refuse

35 Relative of -ess

36 Large public show

38 Display fallibility

41 "— way to go!"

42 Up until that time

43 Puts new parts on, in a way

45 — -Magnon

47 Increase in volume

48 Toward a ship's rear
- 49 Pokes a hole in

51 Procession of cars

52 Works such as "H.M.S. Pinafore"

53 Ivanjica inhabitant

55 One of the Skywalkers

56 — Sea (Asian lake)

57 "Close call!"

62 "It Takes a Thief" rapper

64 Pioneered

66 Large grotto

67 Lens locale

69 That lass

72 Start of a pirate chant

73 Faint from surprise, in slang

74 Omani money

75 Like exercise that gets the heart going

76 Horse coat pattern

80 Court units

82 Fully extended, as arms

84 Preceder of chi

86 Chesapeake Bay

87 Scheme: Abbr.

90 Island near Java

91 "— homo!"

92 "And fast!"

93 Breach

95 With speed

100 Paradox

102 U.S. territory since 1898

104 "Aye aye," in Iberia

105 Cassidy of old pop

106 Succinct

107 How actors should enter

108 Augustus — ("Charlie and the Chocolate Factory" character)

109 Bejeweled headwear

110 Spartan serf

111 Holmes or Couric

113 Elephant tusk stuff

114 NFLer of San Fran

115 Crystal of country

119 Arch above the eye

123 Abbr. in a personal ad

124 "Yuck!"

125 Swiffer product

1	2	3	4		5	6	7		8	9	10	11	12	13		14	15	16	17	18	
19					20				21							22					
23					24				25							26					
27					28						29					30					
31				32			33			34	35					36					
				37		38		39						40							
41	42	43			44	45			46		47	48	49		50				51	52	53
54					55				56					57			58				
59						60					61					62					
63					64			65	66	67			68		69			70			
	71						72	73				74					75				
76					77				78						79					80	
81					82			83		84			85	86	87		88				
89						90					91	92				93					
94					95			96						97			98				
					99			100			101		102			103	104				
105	106	107						108	109	110					111		112		113	114	115
116																					
121																					
126																					
130																					

King Crossword

- ACROSS
- 1 Bar order

5 Stick out

8 String tie

12 Incite

13 Blonde shade

14 Disney's "— and the Detectives"

15 O or W

17 Even, as a score

18 "— Abner"

19 Gap

21 Charley horse

24 Military status

25 Tatters

26 Quite attractive

30 Past

31 Paycheck extra

32 Altar affirmative

33 Artist Rene

35 Toppled

36 Commotions

37 Jaunty chapeau

38 Tray

41 Help

42 Neighborhood

43 Mississippi flower

48 "The View" alumna Lisa

49 Gorilla

50 St. Louis
- 6 Cause to go

9 Leave out

10 Stead

11 Automaker

16 Speed

20 Hostels

21 Study at the last minute

22 Sitarist's offering

23 Enthusiastic

24 Carries on

26 Subway employee

27 Layer
- 8 Between jobs

29 Filly's brother

31 Wait

34 Devastate

35 Indy Jones' hat

37 Crib

38 Polio vaccine pioneer

39 Met melody

40 Fasting period

41 On in years

44 Mil. address

45 Felon's flight

46 Little devil

47 Fool
- team

51 Shakespeare's shrew

52 Bow the head

53 Pumps up the volume

DOWN

1 Lazy person

2 Historic period

3 Ovum

4 Kingdoms

5 Hoosegow

6 Tars' org.

7 Netherlands city

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K I N F D E B I Y W U S Q D O
M K S A I R N F F D B Z P I X
W (B L U E T O O T H) U B U W S
Q O N F B L L J B H C I K D F
D C F A I A O S Y K W T C N V
T U S Q N P S O N L C R A A K
B I H P A M T I B D U A B B G
F E C B R Z Y B C W V T B U U
S R Q P Y N M L J I H E T Y B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Backbone
- Batch file
- Bit rate
- Buffer
- Backup
- Baud
- Bitmap
- Bus
- Bandwidth
- Binary
- Bluetooth
- Byte
- BASIC
- BIOS
- Boolean

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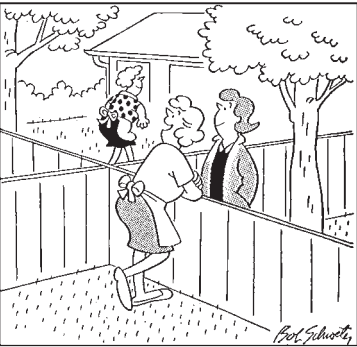
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"I like her. She's a real _____."
Answer on page 54

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Defeat
ROCQUEN

Impugne
RAGECH

Detach
VEERS

Repose
LAXER

TODAY'S WORD

	6		1				9	
		9		4				3
4					2	5		
	7			5				8
6					4	2		9
		8	6				4	
5					7		6	
		7	5			3		
	2			9				7

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 55

HOCUS-FOCUS

BY HENRY BOLTINOFF

FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Tree is added. 2. Saw blade is shorter. 3. Bricks are missing. 4. Dress's neckline is different. 5. House is wider. 6. Man's hair is different.

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FOR WEEK OF OCTOBER 21, 2019

Aries (March 21 to April 19)

You could be caught in a torrent of advice from well-meaning friends and colleagues this week. But remember, Lamb, you are at your best when you are your own inimitable self.

Taurus (April 20 to May 20) Expect strong efforts to get you to accept things as they are and not question them. But ignore all that and continue your inquiries until you're sure you have all the answers you need.

Gemini (May 21 to June 20) Heavier than usual family and workplace duties compete for your time this week. Try to strike a balance so that you're not overwhelmed by either. Pressures ease by week's end.

Cancer (June 21 to July 22) It's a good time for the Moon Child to show off your uniquely inspired approach to the culinary skills – especially if they're directed toward impressing someone special.

Leo (July 23 to August 22) You might be happy about the re-emergence

of a long-deferred deal. But don't pounce on it quite yet. Time can change things. Be sure the values you looked for before are still there.

Virgo (August 23 to September 22) Try to rein in your super-critical attitude, even if things aren't being done quite as you would prefer. Remember: What you say now could create an awkward situation later on.

Libra (September 23 to October 22) Although you can expect on-the-job cooperation from most of your colleagues this week, some people might insist on knowing more about your plans before they can accept them.

Scorpio (October 23 to November 21) Creating another way to do things is commendable. But you could find some resistance this week from folks who would rather stick with the tried-and-true than try something new.

Sagittarius (November 22 to December 21) You usually can keep your aim focused on your goal. But you might need to make adjustments to cope with unsteadiness factors that could arise over the course of the week.

Capricorn (December 22 to January 19) News arrives about a projected

move. Be prepared to deal with a series of possible shifts, including starting and finishing times, and how much the budget will actually cover.

Aquarius (January 20 to February 18) A new relationship needs time to develop. Let things flow naturally. It could be a different story with a workplace situation, which might require faster and more focused attention.

Pisces (February 19 to March 20) Accept a compliment without trying to troll for any hidden reason beyond what was said. After all, don't you deserve to be praised every now and then? Of course you do.

Born This Week: You like to weigh all possibilities before making a decision. You would be a fine judge, or even be a star in a jury room.

MOMENTS IN TIME

• On Oct. 25, 1881, Pablo Picasso, one of the greatest and most influential artists of the 20th century, is born in Malaga, Spain. Picasso's work comprises more than 50,000 paintings, drawings, engravings, sculptures and ceramics produced over 80 years. He had his first

exhibit at age 13.

• On Oct. 24, 1901, schoolteacher Annie Edson Taylor becomes the first person to take the plunge over Niagara Falls in a barrel in an attention-getting stunt. She reached the shore alive, if a bit battered. Taylor claimed she was in her 40s, but records later showed she was 63.

• On Oct. 26, 1942, the last U.S. carrier built before America entered World War II, the USS Hornet, is so badly damaged by Japanese warplanes in the Battle of Santa Cruz that it must be abandoned and was later sunk. The Hornet launched the Doolittle Raid on Tokyo.

• On Oct. 21, 1967, in Washington, D.C., nearly 100,000 people gather to protest the war in Vietnam, and more than 50,000 later marched to the Pentagon. Polls taken that summer showed that American support for the war had fallen below 50 percent.

• On Oct. 22, 1975, Air Force Sgt. Leonard Matlovich, a decorated Vietnam War veteran, is given a "general" discharge after publicly declaring his homosexuality. Matlovich's discharge was later upgraded to "honorable," and he was buried with full military honors in 1988.

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• On Oct. 23, 1989, 23 people are killed in a series of explosions sparked by an ethylene leak at a Phillips Petroleum plant in Pasadena, Texas. The blasts were caused by inadequate safety procedures.

• On Oct. 27, 2006, the last Ford Taurus rolls off the assembly line in Hapeville, Georgia. The keys to the silver car went to 85-year-old Truett Cathy, the founder of Chick-fil-A, who added it to his automobile collection.

STRANGE BUT TRUE

• It was multitalented Robert Anton Wilson – he was, at various times in his

life, a novelist, essayist, psychologist, editor, philosopher, playwright and mystic – who made the following observation: “It only takes 20 years for a liberal to become a conservative without changing a single idea.”

• It took between 75,000 and 80,000 workers to build the Panama Canal, linking the Atlantic and Pacific Oceans across the Isthmus of Panama.

• When the Barbie doll was first introduced in 1959, it was described in *The New York Times* as a “crushing bomb.” So much for early reviews. Since then, more than a billion Barbies have been sold in more than 150 countries.

Mattel, the doll’s maker, claims that more than 100 dolls are sold every minute of every day.

• William Howard Taft, the 18th president of the United States, was quite a large man. Quite a large man, indeed. In fact, he was so large that his 300-pound bulk got stuck in a White House bathtub, and he had to summon help to extricate himself.

• Pope Benedict IX held the office three different times.

• There are lots of sports fans out there, and a lot of sports to enjoy: football, basketball, soccer, baseball, hockey... olive oil wrestling? OK, maybe

there aren’t a lot of oiled wrestling events here in America, but in Turkey it’s the national sport. Kirkpinar, as it’s known there, has been popular since the Ottoman Empire. The Turkish town of Edirne has been hosting the annual tournament since 1361.

THOUGHT FOR THE DAY

“Even a purely moral act that has no hope of any immediate and visible political effect can gradually and indirectly, over time, gain in political significance.”

– Vaclav Havel

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10/11 ★ 11/1

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If you have a positive attitude, excellent customer service skills, and like to help guests we are looking for you. We need guest service agents that have a minimum of one year front desk experience in vacation rentals or the hospitality industry. We are looking to fill positions in Captiva.
You will be responsible for responding to guest calls, assist with reservations, confirmations, unit needs requests, and questions. You will be trained and become well versed in promotions, events, pricing, and sales strategy to meet the guest's requests. You need to be computer savvy and have clear communication skills both oral and written.
We will provide you with a transponder for tolls. We have a competitive benefits package, vacation time and personal time, and provide you with free uniforms.
Job Type: Full-time
Salary: Pay Commensurate with Experience
Experience: Front desk hospitality: 1 year (Required)
Vacation rental: 1 year (Required)
Apply via email to
Resumes@RoyalShell.com
10/4 ★ TFN

SCRAMBLERS

1. Conquer; 2. Charge;
3. Sever; 4. Relax
Today's Word
SQUEALER

HELP WANTED

CAPTIVA CRUISES RESERVATIONIST CAPTIVA, FLORIDA
We are seeking a reservationist for general office day to day operations of our cruises and retail store. Must have computer skills and ability to operate general office equipment. Must be friendly, have excellent customer service skills and available weekends, evenings and holidays.
Drug free workplace.
Send resume to:
info@captivacruises.com
10/11 ★ 10/18

HOUSEKEEPING INSPECTORS ROYAL SHELL CAPTIVA, FLORIDA
We are looking for two full-time Housekeeping Inspectors for Captiva.
If you are friendly, reliable, hardworking, detail-oriented people, and have had prior housekeeping experience, you may be just what we are looking for to join our team.
In this position, you will conduct inspections of guests and owners' units, to ensure compliance with all standards of operations, quality, and productivity. We will provide you with a transponder, use of a company vehicle during working hours, and uniforms.
Job Type: Full-time
Salary: Pay Commensurate with Experience
Experience: Housekeeping or inspecting: 1 year (Required)
License: Florida Drivers (Required)
No phone calls please.
Apply via email to
Resumes@RoyalShell.com
10/4 ★ TFN

LOOKING TO BUY

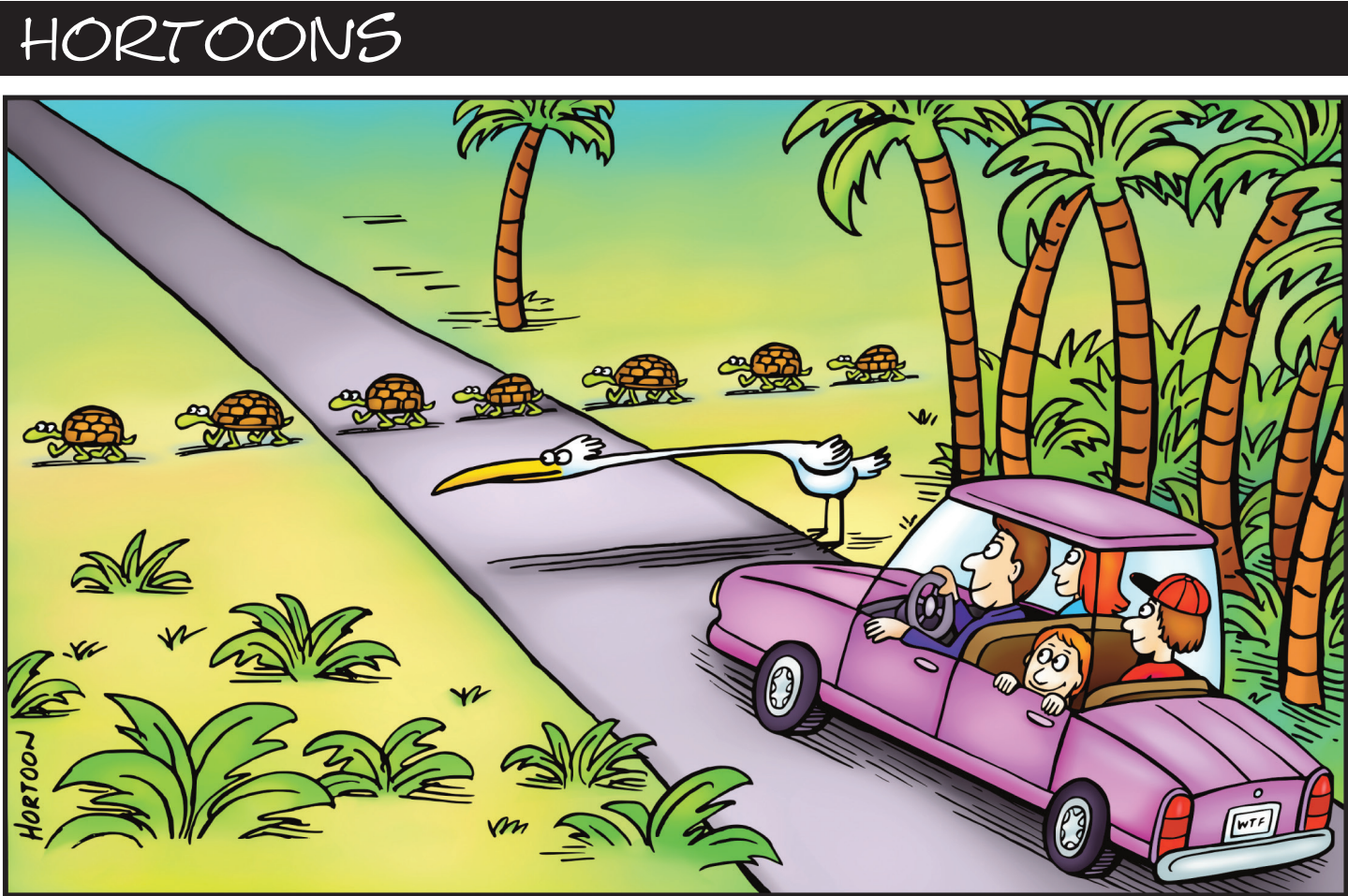
MID CENTURY FURNITURE
Danish, Modern, Teak and/or made in the USA during 1950s, 60s and 70s. Send photos to Joyldupree@AOL.com or text 941-313-5427. I make housecalls and pay up front/not consignment. Call Joy 941-313-5427 with questions.
Retro Home Furnishings, 12717 McGregor Boulevard, Fort Myers. Open Tues.-Sat., 10 a.m. to 4 p.m.
10/11 ★ 4/3

Know The Signs Of Drug Abuse

Narconon reminds families that the country is facing the largest manmade health crisis in history. Drugs are a problem nationwide and it's more important than ever to know the signs and symptoms of drug abuse.

To learn more about how to spot signs of drug abuse and how to help your loved one, visit <https://www.narconon-suncoast.org/drug-abuse/>.

Narconon can help you take steps to overcome addiction in your family. Call for a no cost screening or referral: 1-877-841-5509.*



PUZZLE ANSWERS

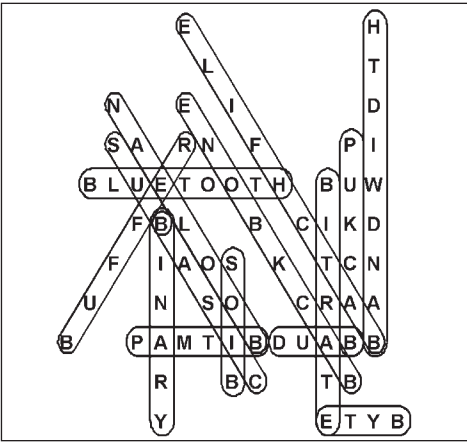
SUPER CROSSWORD

P	A	S	T	R	M	S	A	L	S	A	C	E	S	M	U	S	H
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KING CROSSWORD

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U	R	G	E	A	S	H	E	M	I	L
M	A	G	A	Z	I	N	E	T	I	E
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K	A	T	E	N	O	D	A	M	P	S

MAGIC MAZE



SUDOKU

7	6	2	1	3	5	8	9	4
8	5	9	7	4	6	1	2	3
4	3	1	9	8	2	5	7	6
3	7	4	2	5	9	6	1	8
6	1	5	8	7	4	2	3	9
2	9	8	6	1	3	7	4	5
5	8	3	4	2	7	9	6	1
9	4	7	5	6	1	3	8	2
1	2	6	3	9	8	4	5	7

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	2003	4,180	\$3,995,000	\$3,800,000	257
Sanctuary At Wulfert	Sanibel	2015	5,804	\$2,875,000	\$2,722,500	322
Pennyroyal	Bonita Springs	1992	5,486	\$1,475,000	\$1,375,000	264
Terabella	Fort Myers	2013	3,736	\$1,399,000	\$1,200,000	111
Cape Coral	Cape Coral	2016	3,533	\$1,349,000	\$1,280,000	121
Orchid Ridge	Estero	2003	4,006	\$1,325,000	\$1,225,000	319
Siesta Isles	Fort Myers Beach	1976	4,318	\$1,295,000	\$1,192,500	518
Cape Coral	Cape Coral	2019	2,617	\$929,900	\$917,500	32
Bella Vita	Bonita Springs	2006	2,638	\$850,000	\$832,500	16
Cape Coral	Cape Coral	2005	2,795	\$799,900	\$785,000	177

DOC FORD'S

RUM BAR & GRILLE

Randy Wayne White ©

**"FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE."**

The New York Times
Magazine

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YUCATAN SHRIMP!

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The Dixie Fish Co. & The Whale